



**CAN YOUR DREAMS
PREDICT DEATH?**

skeptiko.com

1
00:00:14,970 --> 00:00:12,350
on this episode of skeptic oh I think

2
00:00:16,710 --> 00:00:14,980
this is kind of weird to you maybe but I

3
00:00:19,140 --> 00:00:16,720
think some of us are permitted to and

4
00:00:20,760 --> 00:00:19,150
some of us it's not part of the plan for

5
00:00:22,260 --> 00:00:20,770
a life it's like it gets in the way of

6
00:00:23,970 --> 00:00:22,270
other things for trying to accomplish

7
00:00:25,679 --> 00:00:23,980
with their life and so it's like that

8
00:00:27,570 --> 00:00:25,689
kind of thing is blocked off it's

9
00:00:30,179 --> 00:00:27,580
strangely enough I think that for

10
00:00:32,549 --> 00:00:30,189
instance in the skeptic believer debate

11
00:00:35,040 --> 00:00:32,559
that you have on psychic things I do

12
00:00:37,410 --> 00:00:35,050
feel like some people are really meant

13
00:00:40,439 --> 00:00:37,420

to remain skeptical because if they

14

00:00:41,670 --> 00:00:40,449

don't then it affects how they go

15

00:00:42,930 --> 00:00:41,680

through their life and things that

16

00:00:45,270 --> 00:00:42,940

they're supposed to learn from it

17

00:00:49,109 --> 00:00:45,280

see but Andy that's the kind of almost

18

00:00:52,530 --> 00:00:49,119

new agey kind of stuff that drives folks

19

00:00:56,039 --> 00:00:52,540

nuts but here's what's so cool about you

20

00:01:10,870 --> 00:00:56,049

is that you went ahead and did the

21

00:01:14,810 --> 00:01:13,249

welcome to skeptic aware we explore

22

00:01:17,389 --> 00:01:14,820

controversial science with leading

23

00:01:19,580 --> 00:01:17,399

researchers thinkers and their critics

24

00:01:22,609 --> 00:01:19,590

I'm your host Alex Karras and on this

25

00:01:25,490 --> 00:01:22,619

episode we talk about what's going on

26

00:01:28,190 --> 00:01:25,500

with your dreams you know it's kind of

27

00:01:30,590 --> 00:01:28,200

funny when we think that probably just

28

00:01:33,350 --> 00:01:30,600

twenty years ago it was still widely

29

00:01:37,010 --> 00:01:33,360

assumed that dreams were nothing more

30

00:01:38,980 --> 00:01:37,020

than random firing of your brain and

31

00:01:41,570 --> 00:01:38,990

while people who are hardcore

32

00:01:44,080 --> 00:01:41,580

materialist would still have some kind

33

00:01:46,639 --> 00:01:44,090

of version of that today I think modern

34

00:01:49,669 --> 00:01:46,649

psychology and even some parts of

35

00:01:52,430 --> 00:01:49,679

neurology are starting to recognize that

36

00:01:54,710 --> 00:01:52,440

there might be more to these dreams than

37

00:01:56,899 --> 00:01:54,720

they initially thought and anyone who

38

00:02:00,020 --> 00:01:56,909

doesn't think so would certainly want to

39

00:02:02,240 --> 00:02:00,030

give a read and give a listen to today's

40

00:02:04,550 --> 00:02:02,250

guest dr. Andy Paquette I should say

41

00:02:06,440 --> 00:02:04,560

soon-to-be dr. Andy Paquette I don't

42

00:02:10,180 --> 00:02:06,450

think he's quite finished that PhD yet

43

00:02:12,920 --> 00:02:10,190

but Andy has a long history of having

44

00:02:15,020 --> 00:02:12,930

precognitive dreams at his dreams where

45

00:02:18,440 --> 00:02:15,030

he sees something that's going to happen

46

00:02:20,840 --> 00:02:18,450

before it happened as remarkable as that

47

00:02:23,960 --> 00:02:20,850

is what's probably even more remarkable

48

00:02:26,390 --> 00:02:23,970

is that he has rigorously recorded all

49

00:02:28,580 --> 00:02:26,400

these dreams and then gone about the

50

00:02:31,190 --> 00:02:28,590

process of verifying and validating

51
00:02:33,319 --> 00:02:31,200
whether or not those dreams are true and

52
00:02:35,840 --> 00:02:33,329
if you want to know how he did that you

53
00:02:38,599 --> 00:02:35,850
can of course read his book dreamer you

54
00:02:40,819 --> 00:02:38,609
can listen to his past interview here on

55
00:02:42,650 --> 00:02:40,829
skeptic Oh or you can listen to this one

56
00:02:43,849 --> 00:02:42,660
because I think he covers it as well you

57
00:02:45,170 --> 00:02:43,859
know one of the points that he talks

58
00:02:48,319 --> 00:02:45,180
about in this interview that I found

59
00:02:51,580 --> 00:02:48,329
interesting is that it wasn't until he

60
00:02:54,710 --> 00:02:51,590
was collaborating with world-renowned

61
00:02:57,259 --> 00:02:54,720
psychologist and dream expert dr.

62
00:03:00,620 --> 00:02:57,269
Stanley crypt nur that Andy realized

63
00:03:04,789 --> 00:03:00,630

that he in this process had compiled the

64

00:03:07,670 --> 00:03:04,799

largest dream journal in history not

65

00:03:09,530 --> 00:03:07,680

just currently in history krypter who's

66

00:03:11,539 --> 00:03:09,540

again one of the top people in this

67

00:03:14,960 --> 00:03:11,549

field told them I've never come across

68

00:03:17,420 --> 00:03:14,970

anyone in all my research that ever has

69

00:03:19,490 --> 00:03:17,430

compiled a dream journal that is this

70

00:03:21,570 --> 00:03:19,500

extensive so it's really quite a

71

00:03:23,400 --> 00:03:21,580

remarkable body of Dada

72

00:03:25,290 --> 00:03:23,410

that he's put together so in this

73

00:03:27,840 --> 00:03:25,300

interview we talked all about that we

74

00:03:30,360 --> 00:03:27,850

talked about these death dreams that are

75

00:03:32,490 --> 00:03:30,370

the subject of his most recent paper and

76

00:03:35,040 --> 00:03:32,500

they're fascinating and then we also

77

00:03:38,130 --> 00:03:35,050

talked about how hard it is to get a

78

00:03:40,920 --> 00:03:38,140

paper like this published so it was

79

00:03:43,140 --> 00:03:40,930

great having Andy back on skeptic oh I

80

00:03:44,670 --> 00:03:43,150

hope you enjoy this show one other thing

81

00:03:46,890 --> 00:03:44,680

before we jump into the interview you

82

00:03:48,780 --> 00:03:46,900

know I just had an interview with dr.

83

00:03:50,460 --> 00:03:48,790

Julie by shal and I'm gonna get that

84

00:03:51,810 --> 00:03:50,470

interview out in a few weeks but one

85

00:03:53,850 --> 00:03:51,820

thing she mentioned that I wanted to

86

00:03:55,710 --> 00:03:53,860

pass along there's a conference that

87

00:03:57,660 --> 00:03:55,720

she's attending it's called the final

88

00:03:59,040 --> 00:03:57,670

transition conference and what those

89

00:04:01,470 --> 00:03:59,050

folks her tongue is really kind of

90

00:04:03,390 --> 00:04:01,480

interesting they're looking at how some

91

00:04:06,240 --> 00:04:03,400

of this groundbreaking cutting-edge

92

00:04:08,400 --> 00:04:06,250

research into extended consciousness in

93

00:04:10,860 --> 00:04:08,410

particular near-death experience in

94

00:04:15,540 --> 00:04:10,870

medium communication might prepare

95

00:04:17,849 --> 00:04:15,550

families for end-of-life transitions you

96

00:04:19,380 --> 00:04:17,859

know when people die so the final

97

00:04:20,820 --> 00:04:19,390

transition conference is what it's

98

00:04:23,490 --> 00:04:20,830

called they'll have a link in the show

99

00:04:24,840 --> 00:04:23,500

notes it's coming up in September but

100

00:04:26,640 --> 00:04:24,850

you get some kind of discount if you

101
00:04:29,220 --> 00:04:26,650
register early and they also have a live

102
00:04:31,230 --> 00:04:29,230
streaming option they even give uce

103
00:04:33,240 --> 00:04:31,240
credits if that's something that might

104
00:04:35,090 --> 00:04:33,250
be important to you so check it out to

105
00:04:39,260 --> 00:04:35,100
be a link in the show notes but for now

106
00:04:42,180 --> 00:04:39,270
here's my interview with Andy Paquette

107
00:04:45,390 --> 00:04:42,190
today we welcome Andy Paquette - skeptic

108
00:04:48,120 --> 00:04:45,400
oh and is the author of dreamer 20 years

109
00:04:50,700 --> 00:04:48,130
of psychic dreams and how they changed

110
00:04:52,500 --> 00:04:50,710
my life that leads into one of the

111
00:04:55,290 --> 00:04:52,510
reasons that Andy is here today because

112
00:04:57,659 --> 00:04:55,300
he just published a scholarly paper in

113
00:05:01,170 --> 00:04:57,669

the Journal of scientific exploration

114

00:05:03,000 --> 00:05:01,180

titled can death-related dreams predict

115

00:05:05,430 --> 00:05:03,010

future deaths it's pretty

116

00:05:09,560 --> 00:05:05,440

straightforward evidence from a dream

117

00:05:13,170 --> 00:05:09,570

journal comprising nearly 12,000 dreams

118

00:05:15,450 --> 00:05:13,180

Andy is a professor in advanced computer

119

00:05:17,940 --> 00:05:15,460

graphics in the Netherlands it's a field

120

00:05:21,740 --> 00:05:17,950

he has extensive experience in having

121

00:05:25,830 --> 00:05:21,750

worked in Hollywood on many big-name

122

00:05:28,140 --> 00:05:25,840

blockbuster motion pictures and TV shows

123

00:05:31,620 --> 00:05:28,150

in terms of doing animation work and

124

00:05:33,690 --> 00:05:31,630

managing people who do animation so he's

125

00:05:35,370 --> 00:05:33,700

a longtime contributor also to skeptic

126

00:05:37,620 --> 00:05:35,380

oh he's been on the show he

127

00:05:39,630 --> 00:05:37,630

also hosted a couple of episodes for us

128

00:05:41,310 --> 00:05:39,640

a few years back we haven't heard from

129

00:05:44,130 --> 00:05:41,320

him in a little while so I think it'll

130

00:05:46,160 --> 00:05:44,140

be great to catch up Andy welcome to

131

00:05:48,350 --> 00:05:46,170

skeptic oh thanks so much for joining me

132

00:05:50,400 --> 00:05:48,360

thanks

133

00:05:52,620 --> 00:05:50,410

why don't we start with the beginning

134

00:05:54,840 --> 00:05:52,630

and tell people about this body of work

135

00:05:56,760 --> 00:05:54,850

and about how you came to write about

136

00:06:01,260 --> 00:05:56,770

your precognitive dreams in the first

137

00:06:02,970 --> 00:06:01,270

place okay so anyway because my wife was

138

00:06:05,070 --> 00:06:02,980

telling me everyone small she'd say oh

139

00:06:06,750 --> 00:06:05,080

you just dreamt about this you know

140

00:06:08,880 --> 00:06:06,760

something would happen and she'd say

141

00:06:11,010 --> 00:06:08,890

well you you dreamt about that you told

142

00:06:13,290 --> 00:06:11,020

me about it and I'd say well yeah I

143

00:06:14,730 --> 00:06:13,300

dreamt about something like that I can

144

00:06:16,440 --> 00:06:14,740

see why you would think that this was

145

00:06:19,650 --> 00:06:16,450

cognitive but that's just a bunch of

146

00:06:22,230 --> 00:06:19,660

baloney obviously you're just conflating

147

00:06:24,540 --> 00:06:22,240

you know a poor memory of something I

148

00:06:27,180 --> 00:06:24,550

said it's probably generic give us an

149

00:06:29,910 --> 00:06:27,190

example of something like that well this

150

00:06:32,490 --> 00:06:29,920

is kind of funny because I had this very

151
00:06:34,590 --> 00:06:32,500
powerful dream that I was walking down a

152
00:06:36,600 --> 00:06:34,600
street in the Amsterdam got mugged and

153
00:06:39,240 --> 00:06:36,610
actually shot on this particular Street

154
00:06:42,300 --> 00:06:39,250
in Amsterdam the dream was so realistic

155
00:06:45,750 --> 00:06:42,310
that I actually thought I had died and

156
00:06:47,640 --> 00:06:45,760
left my body and gone to see my wife who

157
00:06:49,200 --> 00:06:47,650
at that time was my girlfriend at her

158
00:06:53,100 --> 00:06:49,210
mother's house which was thousands miles

159
00:06:54,840 --> 00:06:53,110
away in New York and and it was while I

160
00:06:56,640 --> 00:06:54,850
was thinking about what it was like to

161
00:06:58,940 --> 00:06:56,650
be dead that I realized I was sitting up

162
00:07:01,410 --> 00:06:58,950
in my bed awake with my eyes wide open

163
00:07:04,230 --> 00:07:01,420

it was that strong I did I didn't even

164

00:07:07,230 --> 00:07:04,240

realize I was already awake but then two

165

00:07:09,420 --> 00:07:07,240

or three weeks later I did get my on

166

00:07:13,790 --> 00:07:09,430

that Street in very much the same

167

00:07:16,890 --> 00:07:13,800

circumstances but because of the dream I

168

00:07:20,700 --> 00:07:16,900

to fight back and I escaped these these

169

00:07:22,500 --> 00:07:20,710

two guys who had assaulted me and and

170

00:07:26,580 --> 00:07:22,510

like some of the details of that are

171

00:07:28,260 --> 00:07:26,590

pretty amazing like the the street the

172

00:07:32,040 --> 00:07:28,270

alley the situation the number of

173

00:07:33,510 --> 00:07:32,050

assailants all that stuff is is matches

174

00:07:36,300 --> 00:07:33,520

perfectly with your dream right

175

00:07:38,220 --> 00:07:36,310

yeah it did it but keep in mind at the

176

00:07:40,140 --> 00:07:38,230

time I was thinking okay yes it matches

177

00:07:41,910 --> 00:07:40,150

that's an amazing coincidence I wasn't

178

00:07:43,350 --> 00:07:41,920

thinking this is actually much more

179

00:07:46,290 --> 00:07:43,360

amazing coincidence than I was thinking

180

00:07:47,940 --> 00:07:46,300

it was but that's what I was thinking

181

00:07:50,040 --> 00:07:47,950

now I had told my wife of the

182

00:07:51,270 --> 00:07:50,050

dream before this happened because I

183

00:07:52,730 --> 00:07:51,280

called her and I said I just had this

184

00:07:54,930 --> 00:07:52,740

horrible dream I'm coming back to you

185

00:07:57,810 --> 00:07:54,940

America and because I was living in

186

00:08:00,300 --> 00:07:57,820

Holland at the time and and then when I

187

00:08:01,530 --> 00:08:00,310

didn't get back the subject that dream

188

00:08:03,300 --> 00:08:01,540

came up we she says well of course that

189

00:08:06,570 --> 00:08:03,310

was a precognitive dream and I was like

190

00:08:07,710 --> 00:08:06,580

no that's just baloney and it happened a

191

00:08:09,720 --> 00:08:07,720

couple other times you know I talked

192

00:08:11,570 --> 00:08:09,730

about a plane crash with the Ramstein

193

00:08:14,610 --> 00:08:11,580

Air Show disaster and some other things

194

00:08:16,170 --> 00:08:14,620

and she kept on saying this and kept on

195

00:08:18,420 --> 00:08:16,180

really irritating me so I finally

196

00:08:21,530 --> 00:08:18,430

decided to find out I'll prove it and

197

00:08:24,420 --> 00:08:21,540

I'm gonna start writing this stuff down

198

00:08:26,190 --> 00:08:24,430

and I found really quickly that I had a

199

00:08:29,130 --> 00:08:26,200

lot of groups that that seems to relate

200

00:08:30,480 --> 00:08:29,140

to future events it's just that a lot of

201

00:08:32,340 --> 00:08:30,490

the dreams were of things that were

202

00:08:34,380 --> 00:08:32,350

really insignificant and so if I haven't

203

00:08:36,600 --> 00:08:34,390

been writing it down I probably would

204

00:08:37,260 --> 00:08:36,610

have forgotten them but because I was

205

00:08:39,060 --> 00:08:37,270

writing them down

206

00:08:40,740 --> 00:08:39,070

I was not only catching these really

207

00:08:42,240 --> 00:08:40,750

fairly insignificant moments in my

208

00:08:45,080 --> 00:08:42,250

future they were I'm thoroughly

209

00:08:48,380 --> 00:08:45,090

unpredictable because they're so strange

210

00:08:52,620 --> 00:08:48,390

to folks an example of kind of an

211

00:08:54,570 --> 00:08:52,630

idiosyncratic minor little event that

212

00:09:00,440 --> 00:08:54,580

you captured in your dream journal and

213

00:09:05,250 --> 00:09:03,270

and I bought some stamps and they just

214

00:09:07,890 --> 00:09:05,260

handed me a whole block full of dinosaur

215

00:09:09,410 --> 00:09:07,900

stamps which at that time had just been

216

00:09:11,700 --> 00:09:09,420

released so I had never seen them before

217

00:09:13,080 --> 00:09:11,710

so why would I dream about what kind of

218

00:09:14,700 --> 00:09:13,090

stamp I'm going to get it to post-office

219

00:09:17,520 --> 00:09:14,710

there's absolutely no meaning to it at

220

00:09:20,880 --> 00:09:17,530

all and yet that's what happened later

221

00:09:22,850 --> 00:09:20,890

that day so those those kinds of kind of

222

00:09:25,950 --> 00:09:22,860

simple things would happen fairly often

223

00:09:27,240 --> 00:09:25,960

but in the middle of all that I was also

224

00:09:28,860 --> 00:09:27,250

catching some of these bigger things

225

00:09:30,900 --> 00:09:28,870

like I had a dream a couple dreams

226

00:09:32,690 --> 00:09:30,910

actually about the 9/11 disaster and

227

00:09:34,920 --> 00:09:32,700

some other things like that

228

00:09:37,020 --> 00:09:34,930

first of all poor and then the second

229

00:09:39,330 --> 00:09:37,030

Gulf War as well but the thing is is

230

00:09:40,860 --> 00:09:39,340

that it it took that effort and it was a

231

00:09:42,420 --> 00:09:40,870

big effort because I was recording them

232

00:09:45,830 --> 00:09:42,430

every night I was waking up three four

233

00:09:48,570 --> 00:09:45,840

times a night I was risking my wife's

234

00:09:49,890 --> 00:09:48,580

displeasure because it kind of annoyed

235

00:09:52,110 --> 00:09:49,900

her to have me wake up in the know that

236

00:09:54,660 --> 00:09:52,120

I didn't write things down and then

237

00:09:58,290 --> 00:09:54,670

translate started the whole thing she

238

00:10:00,450 --> 00:09:58,300

was I mean I remember not a few times

239

00:10:01,350 --> 00:10:00,460

when she would say what the hell are you

240

00:10:04,980 --> 00:10:01,360

doing

241

00:10:06,780 --> 00:10:04,990

I'd be writing my dream and but I kept

242

00:10:09,210 --> 00:10:06,790

that up and I was pretty assiduous about

243

00:10:11,250 --> 00:10:09,220

it now one thing that's kind of funny

244

00:10:12,960 --> 00:10:11,260

about not having an opportunity to

245

00:10:14,699 --> 00:10:12,970

really see examples of other people

246

00:10:16,860 --> 00:10:14,709

doing the same thing is it becomes very

247

00:10:19,340 --> 00:10:16,870

easy to become isolated in your

248

00:10:21,920 --> 00:10:19,350

knowledge and not have the ability to

249

00:10:24,780 --> 00:10:21,930

compare it I didn't realize I was

250

00:10:27,329 --> 00:10:24,790

starting the compilation of one of the

251
00:10:30,030 --> 00:10:27,339
largest dream journals that anyone would

252
00:10:31,110 --> 00:10:30,040
ever likely see at the time that seemed

253
00:10:32,759 --> 00:10:31,120
to me that there are probably millions

254
00:10:35,400 --> 00:10:32,769
of people who are keeping journals that

255
00:10:38,880 --> 00:10:35,410
were as detailed as mine I later found

256
00:10:40,170 --> 00:10:38,890
out that wasn't the case but but at the

257
00:10:41,819 --> 00:10:40,180
time it just seemed normal and I just

258
00:10:44,790 --> 00:10:41,829
kept on doing it it was so interesting

259
00:10:47,160 --> 00:10:44,800
that I didn't stop for a long long time

260
00:10:48,990 --> 00:10:47,170
and this is also because the dreams got

261
00:10:50,220 --> 00:10:49,000
more interesting than just precognitive

262
00:10:52,800 --> 00:10:50,230
dreams they started going into other

263
00:10:56,960 --> 00:10:52,810

subject matter like ghosts and

264

00:10:59,579 --> 00:10:56,970

reincarnation spiritual dreams healing

265

00:11:01,050 --> 00:10:59,589

lots and lots of things like that they

266

00:11:03,329 --> 00:11:01,060

they just went way beyond simple

267

00:11:06,900 --> 00:11:03,339

precognition v precognition became so

268

00:11:08,639 --> 00:11:06,910

uninteresting to me that I at a certain

269

00:11:09,660 --> 00:11:08,649

point I decided I was gonna but I wasn't

270

00:11:13,139 --> 00:11:09,670

going to bother writing them down

271

00:11:15,030 --> 00:11:13,149

anymore unless I thought if this came if

272

00:11:18,510 --> 00:11:15,040

it turned out this was a precognitive

273

00:11:21,389 --> 00:11:18,520

dream would it be an interesting

274

00:11:24,420 --> 00:11:21,399

precognitive dream Andy let's let's just

275

00:11:26,910 --> 00:11:24,430

touch on a couple of those topics there

276

00:11:31,050 --> 00:11:26,920

I mean number one did your dreaming

277

00:11:33,569 --> 00:11:31,060

become more intense more spiritual

278

00:11:36,360 --> 00:11:33,579

deeper as you started recording your

279

00:11:38,550 --> 00:11:36,370

dreams or do you think maybe your

280

00:11:40,949 --> 00:11:38,560

recording of your dreams helped you

281

00:11:44,010 --> 00:11:40,959

remember your dreams more and therefore

282

00:11:45,810 --> 00:11:44,020

you found them to be what they really

283

00:11:48,060 --> 00:11:45,820

were all along so is it kind of a memory

284

00:11:51,150 --> 00:11:48,070

thing or did the journaling actually

285

00:11:53,130 --> 00:11:51,160

kind of spur your dreams to kind of take

286

00:11:55,920 --> 00:11:53,140

you deep deeper and then also maybe

287

00:11:57,240 --> 00:11:55,930

touch on the idea of lucid dreaming as

288

00:11:59,490 --> 00:11:57,250

well because I think that's a term that

289

00:12:02,310 --> 00:11:59,500

people are familiar with and they'd want

290

00:12:06,960 --> 00:12:02,320

to know is this part of a lucid dreaming

291

00:12:10,439 --> 00:12:06,970

process on your part I mean it did help

292

00:12:12,689 --> 00:12:10,449

my memory and in that way I think that

293

00:12:14,850 --> 00:12:12,699

it kind of cultivated her but some

294

00:12:17,970 --> 00:12:14,860

people would say incubated

295

00:12:20,010 --> 00:12:17,980

dreams that maybe wouldn't have happened

296

00:12:22,290 --> 00:12:20,020

otherwise because I was directing my

297

00:12:24,120 --> 00:12:22,300

attention inward in a way that I haven't

298

00:12:26,040 --> 00:12:24,130

been doing before but on the other hand

299

00:12:28,230 --> 00:12:26,050

I think I always have the propensity for

300

00:12:30,300 --> 00:12:28,240

this kind of dream because I I do

301
00:12:32,340 --> 00:12:30,310
remember dreams from my childhood that

302
00:12:34,050 --> 00:12:32,350
like they were out-of-body experience

303
00:12:35,790 --> 00:12:34,060
it's I mean at the time I just thought

304
00:12:37,560 --> 00:12:35,800
they were interesting flying dreams or

305
00:12:39,420 --> 00:12:37,570
whatever and I like I remember one very

306
00:12:40,980 --> 00:12:39,430
clearly I was something like seven years

307
00:12:43,800 --> 00:12:40,990
old I was going to hurt her Academy in

308
00:12:45,360 --> 00:12:43,810
San Jose California and I had this dream

309
00:12:47,400 --> 00:12:45,370
that I went to a part of the school I'd

310
00:12:48,870 --> 00:12:47,410
never been to before and I was flying

311
00:12:51,120 --> 00:12:48,880
around looking at all the facilities

312
00:12:53,280 --> 00:12:51,130
there and it was very exciting and the

313
00:12:56,100 --> 00:12:53,290

next day I woke up this little kid and I

314

00:12:58,800 --> 00:12:56,110

went in and I had this friend named

315

00:13:00,240 --> 00:12:58,810

Diane singleton and I said Diane hey guy

316

00:13:01,890 --> 00:13:00,250

told me I told her all about this room

317

00:13:04,250 --> 00:13:01,900

and I said let's go see if it really

318

00:13:06,330 --> 00:13:04,260

looks like it did my dream and it did

319

00:13:07,800 --> 00:13:06,340

and I just thought oh well that's an

320

00:13:09,360 --> 00:13:07,810

amazing coincidence and of course the

321

00:13:10,350 --> 00:13:09,370

skeptics today would say oh you probably

322

00:13:11,550 --> 00:13:10,360

saw it while you weren't paying

323

00:13:13,680 --> 00:13:11,560

attention okay fine

324

00:13:15,540 --> 00:13:13,690

but there were a lot of those things and

325

00:13:17,190 --> 00:13:15,550

and then when I get older I have other

326

00:13:19,500 --> 00:13:17,200

things where it's absolutely impossible

327

00:13:21,660 --> 00:13:19,510

for for me to have had any normal

328

00:13:23,820 --> 00:13:21,670

knowledge of the thing and I think it's

329

00:13:26,820 --> 00:13:23,830

more appropriate to classify that as a

330

00:13:29,460 --> 00:13:26,830

genuine OBE so I've had those things and

331

00:13:31,380 --> 00:13:29,470

you know I used to dream about spiritual

332

00:13:32,850 --> 00:13:31,390

things before I was interested in

333

00:13:35,190 --> 00:13:32,860

spirituality I mean I considered myself

334

00:13:39,930 --> 00:13:35,200

an atheist for a great part of my life

335

00:13:42,380 --> 00:13:39,940

and then while I was an atheist I was

336

00:13:45,720 --> 00:13:42,390

dreaming about angels and about

337

00:13:48,240 --> 00:13:45,730

religious figures from the Christian

338

00:13:49,590 --> 00:13:48,250

theology for the most part but I didn't

339

00:13:50,610 --> 00:13:49,600

really know anything about that but I

340

00:13:52,440 --> 00:13:50,620

was dreaming about him anyway

341

00:13:54,990 --> 00:13:52,450

you know I started doing yoga when I was

342

00:13:56,910 --> 00:13:55,000

in New York in my early 20s and I

343

00:13:59,010 --> 00:13:56,920

remember one guy at the integral yoga

344

00:14:00,330 --> 00:13:59,020

Institute kind of I don't know if it's

345

00:14:02,130 --> 00:14:00,340

fair to say that he wanted to take

346

00:14:05,550 --> 00:14:02,140

credit for me having interesting dreams

347

00:14:07,380 --> 00:14:05,560

because I was getting good at yoga or or

348

00:14:10,380 --> 00:14:07,390

if it just was a logical explanation for

349

00:14:12,720 --> 00:14:10,390

him but I I have to say that I was

350

00:14:13,080 --> 00:14:12,730

having this stuff before I was doing

351
00:14:15,180 --> 00:14:13,090

yoga

352
00:14:17,490 --> 00:14:15,190

I will admit though that I did actually

353
00:14:20,880 --> 00:14:17,500

get fairly advanced in my pasta net

354
00:14:22,920 --> 00:14:20,890

performer performing so I was able to do

355
00:14:24,240 --> 00:14:22,930

some pretty tricky yoga poses as I think

356
00:14:26,220 --> 00:14:24,250

you know if you've seen me play you have

357
00:14:28,950 --> 00:14:26,230

the photos to prove it and

358
00:14:31,530 --> 00:14:28,960

yes someone who's done hatha yoga or

359
00:14:34,680 --> 00:14:31,540

yoga asanas I guess we should say for 25

360
00:14:36,630 --> 00:14:34,690

years can attest that I mean I've only

361
00:14:39,030 --> 00:14:36,640

run across a couple people in my life

362
00:14:46,860 --> 00:14:39,040

who can do the poses that you can do I

363
00:14:50,130 --> 00:14:46,870

can't do anything close to that yeah so

364

00:14:52,830 --> 00:14:50,140

so yeah I think it helps train me but I

365

00:14:54,270 --> 00:14:52,840

think that the the ability was always

366

00:14:55,350 --> 00:14:54,280

there and frankly this is gonna sound

367

00:14:56,850 --> 00:14:55,360

kind of strange to some of your

368

00:14:59,100 --> 00:14:56,860

listeners but I think it's always been

369

00:14:59,880 --> 00:14:59,110

something that was meant to happen in my

370

00:15:01,320 --> 00:14:59,890

life

371

00:15:03,230 --> 00:15:01,330

I don't believe that something that's

372

00:15:06,270 --> 00:15:03,240

hit this large of an impact on my life

373

00:15:08,190 --> 00:15:06,280

could possibly be an accident I think it

374

00:15:10,770 --> 00:15:08,200

was just part of my life plan for some

375

00:15:12,480 --> 00:15:10,780

reason so Andy let me let me then bring

376

00:15:14,070 --> 00:15:12,490

you back because I know I'm covering you

377

00:15:15,240 --> 00:15:14,080

with a lot of questions but you know

378

00:15:18,090 --> 00:15:15,250

we've talked about this so many times

379

00:15:20,040 --> 00:15:18,100

but I'm changing to and learning and

380

00:15:21,690 --> 00:15:20,050

advancing so you know it's a chance for

381

00:15:24,900 --> 00:15:21,700

me to kind of reacquaint myself with

382

00:15:27,750 --> 00:15:24,910

this amazing experience that you've had

383

00:15:30,300 --> 00:15:27,760

and combine that with you know the

384

00:15:32,010 --> 00:15:30,310

scholarly and intellectual ability you

385

00:15:35,910 --> 00:15:32,020

have to analyze it I think it's just

386

00:15:40,430 --> 00:15:35,920

kind of a rare rare opportunity but sort

387

00:15:43,910 --> 00:15:40,440

out for me lucid dreaming out-of-body

388

00:15:47,640 --> 00:15:43,920

experience dreaming if you will

389

00:15:51,600 --> 00:15:47,650

spiritual dreaming you know what in your

390

00:15:53,220 --> 00:15:51,610

mind are the differentiators what are

391

00:15:55,770 --> 00:15:53,230

the different qualities I mean how do

392

00:15:58,050 --> 00:15:55,780

you pull that and pull that apart okay

393

00:16:00,180 --> 00:15:58,060

well the first thing is when I wake up

394

00:16:01,710 --> 00:16:00,190

and I I'm willing to write down in my

395

00:16:04,410 --> 00:16:01,720

dream journal that I've had a lucid

396

00:16:06,600 --> 00:16:04,420

dream it's because I remember that I

397

00:16:08,880 --> 00:16:06,610

knew that I was dreaming during the

398

00:16:11,640 --> 00:16:08,890

dream simple as that not a big deal I

399

00:16:13,950 --> 00:16:11,650

suspect that I have a lot more lucid

400

00:16:15,390 --> 00:16:13,960

dreams than I remember having had when I

401
00:16:17,010 --> 00:16:15,400
wake up I think some dreams

402
00:16:18,900 --> 00:16:17,020
it just doesn't occur to me to think

403
00:16:21,570 --> 00:16:18,910
about that because it's so obvious that

404
00:16:23,820 --> 00:16:21,580
I'm dreaming so it's not really an issue

405
00:16:26,970 --> 00:16:23,830
now when you say lucid dreaming do you

406
00:16:29,160 --> 00:16:26,980
mean total control lucid dreaming where

407
00:16:33,030 --> 00:16:29,170
you can control all the elements partial

408
00:16:35,820 --> 00:16:33,040
control memory I mean how do you how do

409
00:16:37,590 --> 00:16:35,830
you break down the idea of this idea of

410
00:16:39,030 --> 00:16:37,600
lucid dreaming and for folks who aren't

411
00:16:40,140 --> 00:16:39,040
familiar if we're throwing out that term

412
00:16:44,310 --> 00:16:40,150
and you don't know what it is

413
00:16:47,010 --> 00:16:44,320

lucid dreaming just means dreaming only

414

00:16:49,380 --> 00:16:47,020

being aware that you're dreaming in the

415

00:16:52,290 --> 00:16:49,390

dream and therefore having some degree

416

00:16:54,300 --> 00:16:52,300

of control over where the dream goes and

417

00:16:57,120 --> 00:16:54,310

you know probably 20 years ago this was

418

00:16:59,000 --> 00:16:57,130

like a really controversial oh this

419

00:17:01,560 --> 00:16:59,010

doesn't really happen it's like

420

00:17:03,510 --> 00:17:01,570

out-of-body experience an astral

421

00:17:06,480 --> 00:17:03,520

projection there's no such thing only

422

00:17:09,150 --> 00:17:06,490

now they've proven laboratories that

423

00:17:10,980 --> 00:17:09,160

lucid dreaming is in fact happening and

424

00:17:13,230 --> 00:17:10,990

they do some interesting there's been

425

00:17:15,419 --> 00:17:13,240

some interesting experiments REM and and

426

00:17:17,790 --> 00:17:15,429

other stuff that shows that yeah this is

427

00:17:20,850 --> 00:17:17,800

a real phenomena that people have yeah

428

00:17:22,500 --> 00:17:20,860

well one thing my definition of lucid

429

00:17:24,449 --> 00:17:22,510

dreaming is it differs quite a bit from

430

00:17:26,130 --> 00:17:24,459

Robert Wagner's and frankly I think

431

00:17:29,640 --> 00:17:26,140

Robert is pretty interesting for this

432

00:17:31,890 --> 00:17:29,650

reason in his case he has these lucid

433

00:17:34,380 --> 00:17:31,900

dreams where he like in tries to have

434

00:17:35,970 --> 00:17:34,390

lucid dreaming and he's able to exert a

435

00:17:38,160 --> 00:17:35,980

certain amount of mental influence over

436

00:17:39,960 --> 00:17:38,170

the contents of his dreams as a result

437

00:17:42,630 --> 00:17:39,970

of actually succeeding at this and

438

00:17:45,210 --> 00:17:42,640

having these lucid dreams in my case

439

00:17:46,950 --> 00:17:45,220

when I have a lucid dream all I mean by

440

00:17:48,720 --> 00:17:46,960

that is I'm aware I make no effort at

441

00:17:51,900 --> 00:17:48,730

all to control them and frankly I don't

442

00:17:54,510 --> 00:17:51,910

like to the reason is because when I

443

00:17:56,250 --> 00:17:54,520

when I find myself exerting control in a

444

00:17:58,460 --> 00:17:56,260

dream and they don't have to be lucid

445

00:18:01,740 --> 00:17:58,470

for that to happen in fact rather often

446

00:18:03,270 --> 00:18:01,750

when I'm not lucid it happens and I find

447

00:18:04,620 --> 00:18:03,280

that the entire dream is essentially

448

00:18:06,090 --> 00:18:04,630

destroyed because of that because

449

00:18:08,250 --> 00:18:06,100

instead of paying attention to

450

00:18:10,830 --> 00:18:08,260

information it's coming at me I'm trying

451
00:18:12,960 --> 00:18:10,840
to change the information and it has the

452
00:18:16,410 --> 00:18:12,970
effect of ruining the translation as it

453
00:18:18,150 --> 00:18:16,420
were so the way Robert talks about it's

454
00:18:21,150 --> 00:18:18,160
a bit different from that and frankly I

455
00:18:23,190 --> 00:18:21,160
haven't had that kind of lucid dreaming

456
00:18:25,230 --> 00:18:23,200
experience I don't really try for either

457
00:18:28,169 --> 00:18:25,240
I don't know why but I've always had an

458
00:18:29,430 --> 00:18:28,179
aversion to trying to manipulate my

459
00:18:30,930 --> 00:18:29,440
dreams like that because I think they're

460
00:18:34,440 --> 00:18:30,940
interesting enough without having to do

461
00:18:37,320 --> 00:18:34,450
that so I don't really try to it for me

462
00:18:39,750 --> 00:18:37,330
the my goal if I if I become lucid in a

463
00:18:42,330 --> 00:18:39,760

dream is simply to go along with it and

464

00:18:43,590 --> 00:18:42,340

see what it is that I'm trying I'm

465

00:18:46,230 --> 00:18:43,600

supposed to get out of the dream

466

00:18:48,419 --> 00:18:46,240

remember one dream work this guy kept

467

00:18:50,360 --> 00:18:48,429

essentially trying to wake me up with an

468

00:18:52,500 --> 00:18:50,370

ax dream he tried it three times and

469

00:18:57,480 --> 00:18:52,510

finally it

470

00:18:59,580 --> 00:18:57,490

what worked was he he asked me to smell

471

00:19:01,560 --> 00:18:59,590

some herbs this is actually fairly

472

00:19:03,960 --> 00:19:01,570

common I'll have these characters will

473

00:19:05,430 --> 00:19:03,970

have me do something that's a sensory

474

00:19:07,500 --> 00:19:05,440

experience of some kind like drinking

475

00:19:09,600 --> 00:19:07,510

tea or smelling an herb or whatever and

476

00:19:10,770 --> 00:19:09,610

that has the effect strangely enough of

477

00:19:12,540 --> 00:19:10,780

waking me up in the dream and then I

478

00:19:14,580 --> 00:19:12,550

suddenly am aware that I'm a dreaming

479

00:19:17,160 --> 00:19:14,590

and then they this dream character will

480

00:19:18,660 --> 00:19:17,170

say to me okay now that you're here now

481

00:19:20,670 --> 00:19:18,670

that you can actually pay attention to

482

00:19:22,710 --> 00:19:20,680

me it's not that you're not like you

483

00:19:24,810 --> 00:19:22,720

know like dragging away you know all of

484

00:19:26,640 --> 00:19:24,820

my attempts to give you a message now we

485

00:19:28,170 --> 00:19:26,650

can talk and then they'll usually give

486

00:19:31,380 --> 00:19:28,180

me a message or show me something or ask

487

00:19:33,360 --> 00:19:31,390

me to do something and it tends to be a

488

00:19:36,210 --> 00:19:33,370

spiritual nature so in that particular

489

00:19:39,270 --> 00:19:36,220

case he brought me to some kind of a

490

00:19:41,130 --> 00:19:39,280

hospital in the Middle East and he was

491

00:19:43,350 --> 00:19:41,140

showing me all these patients and he

492

00:19:47,640 --> 00:19:43,360

wanted me to spiritually help them a

493

00:19:50,910 --> 00:19:47,650

healing level so so so anyway you enter

494

00:19:53,610 --> 00:19:50,920

that kind of dream okay so I'm glad you

495

00:19:55,980 --> 00:19:53,620

made that differentiation in terms of

496

00:19:58,680 --> 00:19:55,990

lucid dream and lucidity and there's a

497

00:20:00,270 --> 00:19:58,690

whole way we could break that down but

498

00:20:02,760 --> 00:20:00,280

let's move on and talk about the

499

00:20:05,040 --> 00:20:02,770

spiritual aspect when you enter that

500

00:20:09,780 --> 00:20:05,050

realm that dimension whatever we want to

501
00:20:12,510 --> 00:20:09,790
call it where do you think you are are

502
00:20:15,870 --> 00:20:12,520
you in the same place that we all are

503
00:20:19,350 --> 00:20:15,880
when we dream or are you in a different

504
00:20:21,390 --> 00:20:19,360
place can we all access that at that

505
00:20:30,600 --> 00:20:21,400
spiritual realm that you access through

506
00:20:36,660 --> 00:20:30,610
dreaming I think - and some of us really

507
00:20:38,820 --> 00:20:36,670
it's not part of it's not part of the

508
00:20:40,230 --> 00:20:38,830
plan for a life it's like it gets in the

509
00:20:41,910 --> 00:20:40,240
way of other things for trying to

510
00:20:43,950 --> 00:20:41,920
accomplish with their life and so it's

511
00:20:46,170 --> 00:20:43,960
like that kind of things blocked off but

512
00:20:48,450 --> 00:20:46,180
I think a lot of people probably do this

513
00:20:51,120 --> 00:20:48,460

without realizing it that when they

514

00:20:52,800 --> 00:20:51,130

sleep they essentially are are freed of

515

00:20:54,600 --> 00:20:52,810

their their physical constraints and

516

00:20:57,390 --> 00:20:54,610

then they do these things which they

517

00:20:58,740 --> 00:20:57,400

tend to forget when they wake up and I

518

00:21:00,960 --> 00:20:58,750

think there's a reason for forgetting

519

00:21:02,970 --> 00:21:00,970

it's because if they remember in a lot

520

00:21:05,190 --> 00:21:02,980

of cases it would affect decisions they

521

00:21:06,630 --> 00:21:05,200

make bother awake and that would change

522

00:21:09,570 --> 00:21:06,640

the experience they

523

00:21:12,500 --> 00:21:09,580

have in the ranking state which may

524

00:21:14,220 --> 00:21:12,510

actually interfere with or ruin

525

00:21:18,180 --> 00:21:14,230

experiences that they're supposed to

526

00:21:20,940 --> 00:21:18,190

have so I and strangely enough I I think

527

00:21:23,669 --> 00:21:20,950

that for instance in the skeptic

528

00:21:26,370 --> 00:21:23,679

believer debate that you have on psychic

529

00:21:29,100 --> 00:21:26,380

things I do feel like some people are

530

00:21:33,150 --> 00:21:29,110

really meant to remain skeptical because

531

00:21:34,560 --> 00:21:33,160

if they don't then it affects how they

532

00:21:35,850 --> 00:21:34,570

go through their life and things that

533

00:21:37,740 --> 00:21:35,860

they're supposed to learn from it other

534

00:21:39,090 --> 00:21:37,750

people you know are supposed to being

535

00:21:42,060 --> 00:21:39,100

able to produce this kind of information

536

00:21:43,260 --> 00:21:42,070

so so that it's there for those who who

537

00:21:46,260 --> 00:21:43,270

are ready to accept it

538

00:21:49,620 --> 00:21:46,270

see but Andy that's the kind of almost

539

00:21:53,850 --> 00:21:49,630

new agey kind of stuff that drives folks

540

00:21:55,650 --> 00:21:53,860

nuts it really is because people don't

541

00:22:00,150 --> 00:21:55,660

but but here's here's what's so cool

542

00:22:03,510 --> 00:22:00,160

about you is that you went ahead and did

543

00:22:05,220 --> 00:22:03,520

the research is you can you can say that

544

00:22:07,230 --> 00:22:05,230

you can form these opinions and share

545

00:22:10,680 --> 00:22:07,240

these opinions but then when someone

546

00:22:13,140 --> 00:22:10,690

pushes you you can say okay here's the

547

00:22:16,620 --> 00:22:13,150

research here's what I did to record it

548

00:22:19,890 --> 00:22:16,630

here's the not only the twelve twelve

549

00:22:22,789 --> 00:22:19,900

thousand dreams in my journal but here's

550

00:22:25,169 --> 00:22:22,799

the database breakdown of all of them so

551
00:22:27,570 --> 00:22:25,179
you know at some point I guess we should

552
00:22:29,340 --> 00:22:27,580
probably transition into the picking up

553
00:22:31,320 --> 00:22:29,350
on this story you you know you start

554
00:22:33,450 --> 00:22:31,330
recording these dreams you start having

555
00:22:35,610 --> 00:22:33,460
this amazing dream journal you realize

556
00:22:38,090 --> 00:22:35,620
it's kind of an amazing dream journal

557
00:22:41,880 --> 00:22:38,100
you realize these dreams are just

558
00:22:43,230 --> 00:22:41,890
completely out of this world literally I

559
00:22:44,400 --> 00:22:43,240
mean you're in the southern dimension

560
00:22:46,440 --> 00:22:44,410
you're moving through these you're

561
00:22:49,860 --> 00:22:46,450
meeting these spirit beings and all this

562
00:22:52,140 --> 00:22:49,870
but at the same time the scientist in

563
00:22:55,220 --> 00:22:52,150

you is trying to figure out how to

564

00:22:57,210 --> 00:22:55,230

catalog this stuff and make it somewhat

565

00:23:00,320 --> 00:22:57,220

understandable in terms of scientific

566

00:23:03,210 --> 00:23:00,330

terms tell us how that played into this

567

00:23:05,460 --> 00:23:03,220

you look you gave me like three things

568

00:23:07,710 --> 00:23:05,470

to chew on and I really want to say two

569

00:23:10,620 --> 00:23:07,720

things really fast okay on the new-age

570

00:23:12,299 --> 00:23:10,630

subject for the most part New Age stuff

571

00:23:15,480 --> 00:23:12,309

drives me bananas because it's not

572

00:23:17,280 --> 00:23:15,490

evidence-based okay in the few cases

573

00:23:19,440 --> 00:23:17,290

where I think there is some evidence

574

00:23:20,400 --> 00:23:19,450

behind it that's that doesn't bother me

575

00:23:23,220 --> 00:23:20,410

so much but I do

576

00:23:24,420 --> 00:23:23,230

see a lot of things that come from as

577

00:23:26,070 --> 00:23:24,430

far as I'm concerned they have no

578

00:23:28,770 --> 00:23:26,080

justification for the claims they make

579

00:23:31,620 --> 00:23:28,780

and it does bother me - so I just wanted

580

00:23:33,780 --> 00:23:31,630

to state that clearly as far as the

581

00:23:35,340 --> 00:23:33,790

evidence is concerned you made the

582

00:23:37,710 --> 00:23:35,350

statement there it's not completely

583

00:23:40,560 --> 00:23:37,720

accurate I didn't realize that these

584

00:23:42,750 --> 00:23:40,570

things were unusual for a very long time

585

00:23:44,910 --> 00:23:42,760

I'm not even sure it really hit me until

586

00:23:47,540 --> 00:23:44,920

I was living in Holland and I talk to

587

00:23:51,240 --> 00:23:47,550

Stanley Crippler for the first time in

588

00:23:54,480 --> 00:23:51,250

2009 or something like that I knew that

589

00:23:56,250 --> 00:23:54,490

it was unusual to have precognitive

590

00:23:57,720 --> 00:23:56,260

dreams and write them down and then

591

00:23:59,910 --> 00:23:57,730

check them out but I didn't know how

592

00:24:01,260 --> 00:23:59,920

unusual it was the reason is because I

593

00:24:03,000 --> 00:24:01,270

had read some books at the

594

00:24:05,520 --> 00:24:03,010

parapsychology foundation in New York

595

00:24:07,050 --> 00:24:05,530

and it seemed to me if I was interested

596

00:24:08,880 --> 00:24:07,060

in reading a book about this kind of

597

00:24:11,340 --> 00:24:08,890

type of solubility or that kind they

598

00:24:13,490 --> 00:24:11,350

always had a book or paper to read and

599

00:24:16,790 --> 00:24:13,500

so I developed this impression that

600

00:24:19,530 --> 00:24:16,800

researchers in this field had like

601
00:24:20,700 --> 00:24:19,540
thousands or even millions of cases to

602
00:24:22,350 --> 00:24:20,710
choose from and there were probably

603
00:24:24,270 --> 00:24:22,360
thousands of people like me around

604
00:24:26,490 --> 00:24:24,280
who were doing this kind of thing so I

605
00:24:27,960 --> 00:24:26,500
really didn't know how unusual this was

606
00:24:30,210 --> 00:24:27,970
until I actually started looking into

607
00:24:33,540 --> 00:24:30,220
those records myself when I started

608
00:24:37,050 --> 00:24:33,550
researching this and that happened right

609
00:24:40,860 --> 00:24:37,060
around 2010 when I decided I was going

610
00:24:44,160 --> 00:24:40,870
to write some journal articles now just

611
00:24:45,420 --> 00:24:44,170
before that I did become aware that some

612
00:24:49,140 --> 00:24:45,430
of the more spiritual dreams I've had

613
00:24:50,430 --> 00:24:49,150

are extremely unusual it's kind of came

614

00:24:54,120 --> 00:24:50,440

as a surprise to me too because I

615

00:24:56,220 --> 00:24:54,130

thought that for instance Christians or

616

00:24:59,280 --> 00:24:56,230

you know people of any religious right

617

00:25:01,020 --> 00:24:59,290

most likely dreamt often about God and

618

00:25:02,670 --> 00:25:01,030

religious subjects because they have a

619

00:25:04,560 --> 00:25:02,680

need to do this so they would go to

620

00:25:06,780 --> 00:25:04,570

night you go to bed every night thinking

621

00:25:09,540 --> 00:25:06,790

gee I hope I dream of God or Jesus or

622

00:25:12,420 --> 00:25:09,550

Allah or whatever and and then they

623

00:25:14,520 --> 00:25:12,430

would pray - you know the Hindu deities

624

00:25:16,650 --> 00:25:14,530

or of Jesus or whatever it and then they

625

00:25:19,170 --> 00:25:16,660

would dream about them but then I ran

626

00:25:21,150 --> 00:25:19,180

across some research by a guy named

627

00:25:23,010 --> 00:25:21,160

Kelly boo Kelly who looked into that

628

00:25:25,290 --> 00:25:23,020

very question and he found that actually

629

00:25:26,820 --> 00:25:25,300

very few people ever dream of those

630

00:25:29,940 --> 00:25:26,830

kinds of characters even when they

631

00:25:31,710 --> 00:25:29,950

really want to and so when I when I

632

00:25:33,000 --> 00:25:31,720

looked at my own dreams in that context

633

00:25:34,200 --> 00:25:33,010

I realized oh wait a minute I actually

634

00:25:36,540 --> 00:25:34,210

have a lot of these a lot

635

00:25:38,070 --> 00:25:36,550

most people do but I knew that was

636

00:25:40,650 --> 00:25:38,080

unusual but it was when I was talking to

637

00:25:42,240 --> 00:25:40,660

Stanley Krypton er and he expressed you

638

00:25:44,040 --> 00:25:42,250

know some real surprise that I had

639

00:25:46,440 --> 00:25:44,050

accumulated as many records as I did and

640

00:25:49,080 --> 00:25:46,450

that I had actually managed to validate

641

00:25:51,420 --> 00:25:49,090

so many of them that I suddenly suddenly

642

00:25:54,930 --> 00:25:51,430

realized that my database is extremely

643

00:25:56,520 --> 00:25:54,940

unusual and I hope he doesn't mind that

644

00:25:57,810 --> 00:25:56,530

I keep saying this but I think it was a

645

00:25:59,580 --> 00:25:57,820

really great comment

646

00:26:01,950 --> 00:25:59,590

he said it's far as he knew there were

647

00:26:03,480 --> 00:26:01,960

only two databases that came close and

648

00:26:06,120 --> 00:26:03,490

he wasn't sure that either one of them

649

00:26:07,560 --> 00:26:06,130

on their own was the equal one was

650

00:26:08,970 --> 00:26:07,570

because the quality was about the same

651
00:26:10,470 --> 00:26:08,980
that the quantity was less and the other

652
00:26:13,080 --> 00:26:10,480
the quantity was about the same with the

653
00:26:15,120 --> 00:26:13,090
quality was less so so at that point I

654
00:26:16,950 --> 00:26:15,130
was thinking okay I'm probably sitting

655
00:26:19,320 --> 00:26:16,960
with a relatively unique database here

656
00:26:22,080 --> 00:26:19,330
and partially because you are this

657
00:26:25,110 --> 00:26:22,090
computer scientist in in another life

658
00:26:27,360 --> 00:26:25,120
and you do understand database you did

659
00:26:28,980 --> 00:26:27,370
so I would just imagine I'm guessing

660
00:26:32,190 --> 00:26:28,990
here but I would imagine once you

661
00:26:33,960 --> 00:26:32,200
started to really try and organize these

662
00:26:36,270 --> 00:26:33,970
in any way

663
00:26:38,280 --> 00:26:36,280

you know compiling a database even if

664

00:26:43,430 --> 00:26:38,290

you weren't compiling a database yeah

665

00:26:45,960 --> 00:26:43,440

what happened was a lot of damage to the

666

00:26:49,230 --> 00:26:45,970

Phoenix of all places in driest place on

667

00:26:50,550 --> 00:26:49,240

earth and I thought I'd better go ahead

668

00:26:52,080 --> 00:26:50,560

and transfer all these things so I

669

00:26:53,760 --> 00:26:52,090

started transcribing them into a Word

670

00:26:56,210 --> 00:26:53,770

file now that's what I used when I was

671

00:26:58,380 --> 00:26:56,220

writing my book but then when I started

672

00:26:59,730 --> 00:26:58,390

writing my first couple of papers I

673

00:27:01,350 --> 00:26:59,740

thought you know this this really isn't

674

00:27:03,840 --> 00:27:01,360

good enough working with it like this

675

00:27:06,090 --> 00:27:03,850

and I started making Excel documents

676
00:27:08,250 --> 00:27:06,100
that would allow me to sort the data but

677
00:27:10,680 --> 00:27:08,260
that really wasn't good enough either so

678
00:27:12,870 --> 00:27:10,690
when I decided to write this paper that

679
00:27:16,200 --> 00:27:12,880
we're eventually going to talk about I I

680
00:27:17,970 --> 00:27:16,210
thought I realized I had to have a real

681
00:27:20,820 --> 00:27:17,980
proper database there's no way around it

682
00:27:22,230 --> 00:27:20,830
I had kind of resisted doing it because

683
00:27:25,160 --> 00:27:22,240
I know it was gonna take me a long time

684
00:27:27,600 --> 00:27:25,170
to get it put together but this paper

685
00:27:30,660 --> 00:27:27,610
literally had its genesis probably in

686
00:27:33,120 --> 00:27:30,670
about 2011 when I realized that the only

687
00:27:35,100 --> 00:27:33,130
way to do this desperate study was to

688
00:27:36,830 --> 00:27:35,110

find all the death dreams and to do that

689

00:27:39,420 --> 00:27:36,840

I absolutely had to make the database

690

00:27:42,060 --> 00:27:39,430

because I was going to I needed to code

691

00:27:44,100 --> 00:27:42,070

all the dreams with with terms that

692

00:27:46,750 --> 00:27:44,110

would allow me to find things easily and

693

00:27:50,680 --> 00:27:46,760

to be able to sort them properly

694

00:27:53,800 --> 00:27:50,690

so it took me a solid two years just to

695

00:27:55,810 --> 00:27:53,810

prepare that database and by the time

696

00:27:57,310 --> 00:27:55,820

I'd done that I was already deep into

697

00:28:00,880 --> 00:27:57,320

writing other papers nice work and my

698

00:28:02,410 --> 00:28:00,890

PhD but I kept at this thing and I kept

699

00:28:04,120 --> 00:28:02,420

on having more dreams so the thing is

700

00:28:06,820 --> 00:28:04,130

even after I'd established the database

701
00:28:08,740 --> 00:28:06,830
I now had like another 600 dreams to add

702
00:28:10,840 --> 00:28:08,750
to it or something and that was all had

703
00:28:13,510 --> 00:28:10,850
to be coded so it really took a lot of

704
00:28:16,390 --> 00:28:13,520
time just to develop the raw material I

705
00:28:18,310 --> 00:28:16,400
was going to work with and this is one

706
00:28:20,770 --> 00:28:18,320
of the things I really hope your your

707
00:28:22,810 --> 00:28:20,780
listeners appreciate because the kind of

708
00:28:25,540 --> 00:28:22,820
study that this is would be almost

709
00:28:27,610 --> 00:28:25,550
impossible to do for just about anybody

710
00:28:29,710 --> 00:28:27,620
in the world who doesn't have the

711
00:28:31,780 --> 00:28:29,720
database I have it would be really hard

712
00:28:34,690 --> 00:28:31,790
I mean it's 25 years worth of dreams

713
00:28:37,330 --> 00:28:34,700

that yield eight really interesting

714

00:28:39,310 --> 00:28:37,340

cases okay and this is me making a huge

715

00:28:41,380 --> 00:28:39,320

effort to record them over a long period

716

00:28:43,950 --> 00:28:41,390

of time starting when I know nothing

717

00:28:46,270 --> 00:28:43,960

about research methods starting when I

718

00:28:47,320 --> 00:28:46,280

don't even know about other research in

719

00:28:49,180 --> 00:28:47,330

the field I'm just doing it as

720

00:28:50,770 --> 00:28:49,190

interesting and I kind of had to start

721

00:28:52,750 --> 00:28:50,780

at that point because if I had waited

722

00:28:54,250 --> 00:28:52,760

until I understood this stuff it'd all

723

00:28:57,520 --> 00:28:54,260

be over I'm already getting I'm in

724

00:28:59,200 --> 00:28:57,530

middle-age I hate Whitman and how much

725

00:29:00,670 --> 00:28:59,210

time do I have left to be doing it just

726

00:29:03,400 --> 00:29:00,680

start something like that I don't know

727

00:29:05,050 --> 00:29:03,410

but the point is that it takes a lot of

728

00:29:06,790 --> 00:29:05,060

time it takes a lot of effort it takes a

729

00:29:08,380 --> 00:29:06,800

lot of dedication and it takes some

730

00:29:10,720 --> 00:29:08,390

knowledge and it takes some expertise as

731

00:29:13,120 --> 00:29:10,730

well not everyone is going to be suited

732

00:29:15,310 --> 00:29:13,130

to to making this kind of a database or

733

00:29:17,950 --> 00:29:15,320

analyzing it the way I did or or

734

00:29:20,380 --> 00:29:17,960

verifying it because let's add that you

735

00:29:23,530 --> 00:29:20,390

mentioned that but I mean let's break

736

00:29:26,710 --> 00:29:23,540

down the process how it works you have a

737

00:29:29,410 --> 00:29:26,720

dream you record the dream and then you

738

00:29:32,050 --> 00:29:29,420

go about in many cases trying to

739

00:29:33,610 --> 00:29:32,060

validate the information that came

740

00:29:36,240 --> 00:29:33,620

through and dream write help tell us

741

00:29:38,920 --> 00:29:36,250

that process the way it started out was

742

00:29:40,240 --> 00:29:38,930

Kitty had said I was having precognitive

743

00:29:41,740 --> 00:29:40,250

dreams okay so that's easy enough to

744

00:29:44,050 --> 00:29:41,750

check out I write the dream down and if

745

00:29:45,760 --> 00:29:44,060

something later seems to match it then I

746

00:29:46,900 --> 00:29:45,770

can compare the two I can compare the

747

00:29:48,550 --> 00:29:46,910

written record with the thing that

748

00:29:50,740 --> 00:29:48,560

happens inside well this is similar

749

00:29:53,050 --> 00:29:50,750

enough that it looks like it's a legit

750

00:29:54,970 --> 00:29:53,060

example of a precognitive dream let's

751

00:29:57,580 --> 00:29:54,980

add in there from a scientific

752

00:29:59,919 --> 00:29:57,590

standpoint that would be rather weak

753

00:30:02,190 --> 00:29:59,929

right I mean because it's just one

754

00:30:04,600 --> 00:30:02,200

person's account and you're not only

755

00:30:06,190 --> 00:30:04,610

having the pre kind of dreams but you're

756

00:30:07,570 --> 00:30:06,200

the one who's validating the

757

00:30:09,869 --> 00:30:07,580

precognitive gene you have no

758

00:30:11,590 --> 00:30:09,879

third-party validation whatsoever so

759

00:30:14,019 --> 00:30:11,600

scientifically that wouldn't be really

760

00:30:15,999 --> 00:30:14,029

strong right ah well ok if it was

761

00:30:17,769 --> 00:30:16,009

exactly as you said yes and that does

762

00:30:19,560 --> 00:30:17,779

fit some of the examples but not all of

763

00:30:22,090 --> 00:30:19,570

them because I do have third-party

764

00:30:24,190 --> 00:30:22,100

independent verification of elements in

765

00:30:25,570 --> 00:30:24,200

some cases exactly so that's why I was

766

00:30:28,299 --> 00:30:25,580

trying to lead you in to explain how

767

00:30:30,369 --> 00:30:28,309

that works then ok well sometimes would

768

00:30:32,200 --> 00:30:30,379

be a dream of for instance something

769

00:30:34,989 --> 00:30:32,210

that's independently verifiable like a

770

00:30:36,460 --> 00:30:34,999

Time magazine cover okay so the Time

771

00:30:39,100 --> 00:30:36,470

magazine cover would come out this is a

772

00:30:41,560 --> 00:30:39,110

physical object and then you could

773

00:30:43,029 --> 00:30:41,570

verify that the drawing in my journal

774

00:30:45,430 --> 00:30:43,039

manages that person at that point you're

775

00:30:46,899 --> 00:30:45,440

trusting that I dated it properly so you

776

00:30:49,259 --> 00:30:46,909

will go a step further so then I'm

777

00:30:52,029 --> 00:30:49,269

having at a body experiences that

778

00:30:55,419 --> 00:30:52,039

national events in the lives of people I

779

00:30:57,310 --> 00:30:55,429

know and then I've in a couple cases had

780

00:30:59,350 --> 00:30:57,320

those people send me letters to verify

781

00:31:01,720 --> 00:30:59,360

yes I called them out of the blues who

782

00:31:04,049 --> 00:31:01,730

asked him to validate this dream and in

783

00:31:05,830 --> 00:31:04,059

fact it did match up fairly well with

784

00:31:07,330 --> 00:31:05,840

circumstances in their life in some

785

00:31:08,710 --> 00:31:07,340

other part of the world like my friend

786

00:31:12,820 --> 00:31:08,720

Richard breathing who's a high energy

787

00:31:16,180 --> 00:31:12,830

physicist was working in Tokyo at the

788

00:31:18,639 --> 00:31:16,190

time I had a couple of OBE dreams with

789

00:31:20,379 --> 00:31:18,649

him in them and he was actually very

790

00:31:21,999 --> 00:31:20,389

skeptical and I don't know if it annoyed

791

00:31:24,609 --> 00:31:22,009

him to have to verify them for me but

792

00:31:26,560 --> 00:31:24,619

that he was highly skeptical and yet he

793

00:31:30,450 --> 00:31:26,570

did verify them nevertheless because as

794

00:31:32,830 --> 00:31:30,460

a honest researcher he knows what he saw

795

00:31:35,320 --> 00:31:32,840

so you called him up and said hey

796

00:31:37,269 --> 00:31:35,330

Richard I had this dream about you and

797

00:31:39,759 --> 00:31:37,279

it seemed pretty significant for me I

798

00:31:41,859 --> 00:31:39,769

want to review the dream and I want you

799

00:31:44,109 --> 00:31:41,869

to tell me if this really happened in

800

00:31:46,210 --> 00:31:44,119

your life or not that's how I would have

801
00:31:47,859 --> 00:31:46,220
done a bit like the second or third or

802
00:31:49,539 --> 00:31:47,869
fourth time but the first time was a

803
00:31:51,369 --> 00:31:49,549
little different because I had never

804
00:31:54,340 --> 00:31:51,379
called anybody to verify this kind of

805
00:31:56,259 --> 00:31:54,350
thing before so I called him from from

806
00:31:58,090 --> 00:31:56,269
New York to Japan at a time when I could

807
00:32:00,070 --> 00:31:58,100
barely afford a transatlantic call so

808
00:32:01,299 --> 00:32:00,080
this is expensive and it was one of the

809
00:32:04,269 --> 00:32:01,309
few times I've ever made a call like

810
00:32:07,570 --> 00:32:04,279
that but I called him up and I actually

811
00:32:09,759 --> 00:32:07,580
eased into it I said Richard how are you

812
00:32:11,470 --> 00:32:09,769
I had a dream about you last night it

813
00:32:13,840 --> 00:32:11,480

was kind of funny and I was kind of

814

00:32:15,430 --> 00:32:13,850

not giving him any idea that I thought

815

00:32:16,899 --> 00:32:15,440

it was significant although I got it

816

00:32:18,820 --> 00:32:16,909

sitting sitting written down in my

817

00:32:20,769 --> 00:32:18,830

journal right in front of me but I said

818

00:32:22,090 --> 00:32:20,779

yeah I dreamt you were you know sitting

819

00:32:23,980 --> 00:32:22,100

at this table he had a little box there

820

00:32:26,019 --> 00:32:23,990

and you're cutting up these these things

821

00:32:27,279 --> 00:32:26,029

and they had these letters on them like

822

00:32:29,610 --> 00:32:27,289

Scrabble tiles and then you're throwing

823

00:32:31,810 --> 00:32:29,620

on the box and he was like that's

824

00:32:33,310 --> 00:32:31,820

basically what I was doing last night it

825

00:32:34,600 --> 00:32:33,320

was labeling these circuit boards he was

826

00:32:37,090 --> 00:32:34,610

cutting them into little pieces and then

827

00:32:39,220 --> 00:32:37,100

you know giving them these alpha

828

00:32:40,570 --> 00:32:39,230

pinnacle labels that they look like

829

00:32:43,180 --> 00:32:40,580

Scrabble tiles in the tossing them in a

830

00:32:45,879 --> 00:32:43,190

box and so he was really surprised by

831

00:32:47,409 --> 00:32:45,889

that but I I didn't at first clue him

832

00:32:49,560 --> 00:32:47,419

into the fact that I thought it was

833

00:32:52,149 --> 00:32:49,570

possible he was going to recognize it

834

00:32:53,529 --> 00:32:52,159

after that though I was pretty clear

835

00:32:55,899 --> 00:32:53,539

about it I was like I had a game I want

836

00:32:57,370 --> 00:32:55,909

to verify it and to me a favor you know

837

00:32:58,810 --> 00:32:57,380

there were times when I'd call somebody

838

00:32:59,860 --> 00:32:58,820

up and they weren't able to verify it

839

00:33:02,289 --> 00:32:59,870

they'd say no I don't think that

840

00:33:04,269 --> 00:33:02,299

happened but that was actually less

841

00:33:07,120 --> 00:33:04,279

common than people who did very fine

842

00:33:09,279 --> 00:33:07,130

them and sometimes it happened that I

843

00:33:10,870 --> 00:33:09,289

would say a dream to someone or I

844

00:33:13,090 --> 00:33:10,880

describe it ring to someone this

845

00:33:14,919 --> 00:33:13,100

happened with dr. David Rybak a guy who

846

00:33:16,240 --> 00:33:14,929

wrote a book called dreams come true but

847

00:33:17,470 --> 00:33:16,250

I had a dream about him and I described

848

00:33:21,129 --> 00:33:17,480

it to him he says no that didn't happen

849

00:33:23,889 --> 00:33:21,139

and I said I didn't say the events in

850

00:33:26,169 --> 00:33:23,899

the dream happened to you I dreamed that

851
00:33:27,039 --> 00:33:26,179
somebody told you about the events that

852
00:33:29,590 --> 00:33:27,049
that they had happened to that other

853
00:33:33,039 --> 00:33:29,600
person and then he said oh yeah that

854
00:33:34,330 --> 00:33:33,049
happens parking lot this guy who works

855
00:33:36,940 --> 00:33:34,340
in the same office building that I do

856
00:33:38,500 --> 00:33:36,950
that I don't even know I was telling you

857
00:33:40,029 --> 00:33:38,510
about this amazing coincidence where

858
00:33:42,909 --> 00:33:40,039
this two cars got destroyed in two

859
00:33:45,310 --> 00:33:42,919
different storms no no so and that's one

860
00:33:47,289 --> 00:33:45,320
that you told previously on skeptic oh

861
00:33:49,690 --> 00:33:47,299
but let me jump in there because

862
00:33:52,029 --> 00:33:49,700
someone's gonna go file drawer problem

863
00:33:54,490 --> 00:33:52,039

you know he's throwing away the ones

864

00:33:56,620 --> 00:33:54,500

that don't match or they're gonna say oh

865

00:34:00,330 --> 00:33:56,630

you know he's fishing for more

866

00:34:05,470 --> 00:34:00,340

information but maybe it's worth quickly

867

00:34:09,520 --> 00:34:05,480

retelling the complexity of this dream

868

00:34:12,550 --> 00:34:09,530

and the unlikeliness that this guy would

869

00:34:18,010 --> 00:34:12,560

have any association with anyone who had

870

00:34:21,430 --> 00:34:18,020

this kind of experience okay that's what

871

00:34:23,559 --> 00:34:21,440

this article is personally about is that

872

00:34:26,350 --> 00:34:23,569

because I have the database I know

873

00:34:28,750 --> 00:34:26,360

exactly how

874

00:34:30,820 --> 00:34:28,760

anybody appears in the journal so for

875

00:34:33,580 --> 00:34:30,830

instance if I'm typing it in right now I

876

00:34:36,430 --> 00:34:33,590

type in the name David Rybak or just

877

00:34:38,830 --> 00:34:36,440

Rybak and I get 27 dreams total out of

878

00:34:40,330 --> 00:34:38,840

25 years okay I just did that right now

879

00:34:43,000 --> 00:34:40,340

I just did a search I haven't read them

880

00:34:45,070 --> 00:34:43,010

for all I know some of these are not in

881

00:34:47,560 --> 00:34:45,080

a context it would make them dreams

882

00:34:50,350 --> 00:34:47,570

about David Rybak but that's 27 out of

883

00:34:51,879 --> 00:34:50,360

almost 12,000 dreams already that's

884

00:34:54,220 --> 00:34:51,889

telling you the file burrow effect it's

885

00:34:56,680 --> 00:34:54,230

not a likely culprit here but in this

886

00:34:58,780 --> 00:34:56,690

particular case I dreamt that I saw

887

00:35:01,110 --> 00:34:58,790

David talking to a guy in a parking lot

888

00:35:04,270 --> 00:35:01,120

and this guy was telling him how he

889

00:35:05,710 --> 00:35:04,280

owned two cars and both of them had

890

00:35:10,090 --> 00:35:05,720

gotten destroyed in two separate

891

00:35:11,680 --> 00:35:10,100

incidents in the same way where a a tree

892

00:35:13,900 --> 00:35:11,690

branch had fallen and crushed the roof

893

00:35:15,780 --> 00:35:13,910

of the car but it was two separate

894

00:35:18,130 --> 00:35:15,790

storms so that's actually a very unusual

895

00:35:19,720 --> 00:35:18,140

pairing of events and keep in mind he

896

00:35:22,600 --> 00:35:19,730

lived in Atlanta Georgia I lived in New

897

00:35:24,460 --> 00:35:22,610

Jersey at the time and I really wasn't

898

00:35:26,800 --> 00:35:24,470

exactly following the local weather and

899

00:35:28,810 --> 00:35:26,810

other parts of the country even if you

900

00:35:30,970 --> 00:35:28,820

were following the weather why does it

901
00:35:33,340 --> 00:35:30,980
lead the fact that the guy with a tree

902
00:35:35,470 --> 00:35:33,350
would fall down and crush somebody's car

903
00:35:37,060 --> 00:35:35,480
so you tell this guy hey I had this

904
00:35:38,950 --> 00:35:37,070
dream and I think somebody told you

905
00:35:41,290 --> 00:35:38,960
about this extraordinary thing where

906
00:35:43,510 --> 00:35:41,300
they lost two of their cars and in

907
00:35:45,490 --> 00:35:43,520
weather storms and boom he says yeah

908
00:35:47,440 --> 00:35:45,500
that that happened I mean how many times

909
00:35:49,180 --> 00:35:47,450
does that happened in his life where

910
00:35:51,250 --> 00:35:49,190
someone tell em hey you know amazing

911
00:35:54,130 --> 00:35:51,260
happen to me I have two cars and in two

912
00:35:55,810 --> 00:35:54,140
separate incidents of weather anomalies

913
00:36:01,530 --> 00:35:55,820

they both got crushed I mean that's a

914

00:36:09,910 --> 00:36:04,380

professor of mine I dreamt about him and

915

00:36:13,270 --> 00:36:09,920

the sensation of being allowing bees to

916

00:36:16,540 --> 00:36:13,280

sting me and it was really weird because

917

00:36:17,950 --> 00:36:16,550

I didn't feel it that I knew it was

918

00:36:21,430 --> 00:36:17,960

happening I had this really bizarre

919

00:36:23,560 --> 00:36:21,440

creepy feeling that I that my body was

920

00:36:26,020 --> 00:36:23,570

reacting and yet it wasn't reacting and

921

00:36:28,180 --> 00:36:26,030

so when I told him about it he said that

922

00:36:30,100 --> 00:36:28,190

at the time I was having that dream

923

00:36:31,780 --> 00:36:30,110

approximately because we it's very hard

924

00:36:33,490 --> 00:36:31,790

to get these things exact but most

925

00:36:35,320 --> 00:36:33,500

likely was in an hour too

926
00:36:37,300 --> 00:36:35,330
he was on the phone with a friend of his

927
00:36:39,460 --> 00:36:37,310
who was partially paralyzed and the

928
00:36:41,290 --> 00:36:39,470
treatment was to allow herself to be

929
00:36:44,320 --> 00:36:41,300
stung in exactly the way I had described

930
00:36:46,600 --> 00:36:44,330
and it felt the same way to her as I

931
00:36:48,100 --> 00:36:46,610
described it to Ron so so the way she

932
00:36:49,570 --> 00:36:48,110
was telling about it it was like she was

933
00:36:52,420 --> 00:36:49,580
aware of this thing she could she could

934
00:36:54,130 --> 00:36:52,430
tell that she was being stunned and yet

935
00:36:56,020 --> 00:36:54,140
she didn't have the physical pain that

936
00:36:57,640 --> 00:36:56,030
was associated with that and it was a

937
00:36:59,170 --> 00:36:57,650
really creepy sensation I tell you even

938
00:37:00,220 --> 00:36:59,180

just describing the dream I can't

939

00:37:04,000 --> 00:37:00,230

remember what it felt like it was

940

00:37:06,550 --> 00:37:04,010

horrible but yeah that's that's like who

941

00:37:07,780 --> 00:37:06,560

who gets apathy that Sapa therapy that's

942

00:37:10,210 --> 00:37:07,790

what that's called this bee sting

943

00:37:12,040 --> 00:37:10,220

therapy he's the only person I have ever

944

00:37:14,860 --> 00:37:12,050

met in my entire life that I know of

945

00:37:16,870 --> 00:37:14,870

that has any connection to that and yet

946

00:37:19,870 --> 00:37:16,880

on the one night that I dream about that

947

00:37:21,490 --> 00:37:19,880

subject he's actually had something

948

00:37:24,730 --> 00:37:21,500

happen in his day that's pertinent to it

949

00:37:26,950 --> 00:37:24,740

so so so Andy at this point your brain

950

00:37:28,960 --> 00:37:26,960

has to be your mind has to be exploding

951

00:37:30,730 --> 00:37:28,970

in terms of all the stuff that's

952

00:37:32,230 --> 00:37:30,740

happening to you although as we heard

953

00:37:34,770 --> 00:37:32,240

about when we talked to you a few years

954

00:37:37,180 --> 00:37:34,780

ago you've had a lot of strange

955

00:37:39,850 --> 00:37:37,190

experiences kind of throughout your life

956

00:37:41,950 --> 00:37:39,860

I love the backgammon story multiple

957

00:37:44,980 --> 00:37:41,960

ones but we won't get into that just

958

00:37:47,170 --> 00:37:44,990

that you're not unfamiliar with kind of

959

00:37:49,120 --> 00:37:47,180

extended consciousness kind of strange

960

00:37:52,450 --> 00:37:49,130

things but again what I think is just

961

00:37:53,860 --> 00:37:52,460

amazing and having known you for several

962

00:37:57,880 --> 00:37:53,870

years and talked to you over the years

963

00:38:00,850 --> 00:37:57,890

is you kept pushing back in terms of how

964

00:38:01,800 --> 00:38:00,860

does this fit into science what can we

965

00:38:04,480 --> 00:38:01,810

do

966

00:38:07,450 --> 00:38:04,490

scientifically with this data and I

967

00:38:10,930 --> 00:38:07,460

think it's pushed you to really do some

968

00:38:14,050 --> 00:38:10,940

just innovative groundbreaking kind of

969

00:38:16,780 --> 00:38:14,060

work in terms of what to do with this

970

00:38:20,830 --> 00:38:16,790

kind of database and what it means for

971

00:38:23,230 --> 00:38:20,840

all anomalous anecdotal accounts I don't

972

00:38:25,450 --> 00:38:23,240

put anecdotal in air quotes because I

973

00:38:27,550 --> 00:38:25,460

think the real breakthrough here is you

974

00:38:29,590 --> 00:38:27,560

were seeking a way to take these

975

00:38:32,650 --> 00:38:29,600

accounts and take them out of the realm

976
00:38:35,080 --> 00:38:32,660
of this oh we can dismiss that because

977
00:38:38,830 --> 00:38:35,090
it's just an anecdote and you want to

978
00:38:42,190 --> 00:38:38,840
find a way to bring it back into science

979
00:38:44,290 --> 00:38:42,200
as we understand science yeah well I I

980
00:38:46,970 --> 00:38:44,300
call them spontaneous experiences as

981
00:38:48,830 --> 00:38:46,980
opposed to an

982
00:38:50,600 --> 00:38:48,840
there's in the difference between this

983
00:38:53,480 --> 00:38:50,610
as far as looking at research on the

984
00:38:55,310 --> 00:38:53,490
subject is concerned is that an anecdote

985
00:38:56,690 --> 00:38:55,320
is really something that has no data

986
00:38:59,240 --> 00:38:56,700
behind it it doesn't it doesn't really

987
00:39:01,970 --> 00:38:59,250
have any kind of evidence-based

988
00:39:04,250 --> 00:39:01,980

validation a spontaneous experience

989

00:39:05,960 --> 00:39:04,260

might have that even even if it's

990

00:39:07,910 --> 00:39:05,970

spontaneous even it isn't if it isn't

991

00:39:09,890 --> 00:39:07,920

generated purposely for the purpose of

992

00:39:12,470 --> 00:39:09,900

an experiment and in this particular

993

00:39:14,480 --> 00:39:12,480

case you could say in a way that this is

994

00:39:15,860 --> 00:39:14,490

like a 25 year long experiment on my

995

00:39:18,070 --> 00:39:15,870

part where I just want to see what

996

00:39:21,620 --> 00:39:18,080

happens over the course of this 25 years

997

00:39:24,920 --> 00:39:21,630

but as far as getting into the data I

998

00:39:28,010 --> 00:39:24,930

when I realized how unusual my database

999

00:39:29,840 --> 00:39:28,020

was I started noticing a lot of gaps in

1000

00:39:33,710 --> 00:39:29,850

literature that I could actually answer

1001

00:39:35,600 --> 00:39:33,720

things where they did have to do with

1002

00:39:37,310 --> 00:39:35,610

spontaneous experiences in particular

1003

00:39:40,310 --> 00:39:37,320

because generally speaking spontaneous

1004

00:39:42,740 --> 00:39:40,320

experiments experiences are not common

1005

00:39:45,620 --> 00:39:42,750

and rarely reported and when they are

1006

00:39:48,220 --> 00:39:45,630

reported it's a lot of times not with

1007

00:39:50,450 --> 00:39:48,230

any kind of documentation attached to it

1008

00:39:52,910 --> 00:39:50,460

whereas in my case I have a very large

1009

00:39:54,320 --> 00:39:52,920

body of documentation and which means

1010

00:39:56,720 --> 00:39:54,330

essentially that they're all reported

1011

00:39:58,460 --> 00:39:56,730

and this allows me to look into some

1012

00:40:00,590 --> 00:39:58,470

questions like the powder effect so when

1013

00:40:04,310 --> 00:40:00,600

we get to this death cream article for

1014

00:40:06,410 --> 00:40:04,320

instance I wasn't trying to come up with

1015

00:40:08,810 --> 00:40:06,420

another idea for an article when I

1016

00:40:10,760 --> 00:40:08,820

decided to do this it was something

1017

00:40:12,590 --> 00:40:10,770

happened I had a dream and I looked it

1018

00:40:14,300 --> 00:40:12,600

up and I realized that I had buried in

1019

00:40:15,830 --> 00:40:14,310

my journal already any answer to a

1020

00:40:18,050 --> 00:40:15,840

question I hadn't even ever bothered

1021

00:40:19,640 --> 00:40:18,060

asking and then I thought why I wonder

1022

00:40:21,170 --> 00:40:19,650

if that's gonna if I've got any more

1023

00:40:24,350 --> 00:40:21,180

examples like that in the journal so

1024

00:40:27,140 --> 00:40:24,360

this is an example of me not seeing

1025

00:40:30,440 --> 00:40:27,150

something that was sigh in my journal at

1026

00:40:32,240 --> 00:40:30,450

the time it happened but later asking

1027

00:40:34,220 --> 00:40:32,250

myself if I look at the data this way if

1028

00:40:35,990 --> 00:40:34,230

I just find examples that match this

1029

00:40:37,610 --> 00:40:36,000

criteria is there gonna be anything

1030

00:40:39,260 --> 00:40:37,620

there and I found that there actually

1031

00:40:41,270 --> 00:40:39,270

were quite a lot of dreams and it has to

1032

00:40:44,210 --> 00:40:41,280

do with dreams about people who have

1033

00:40:46,040 --> 00:40:44,220

died I what I was wondering is is that

1034

00:40:47,990 --> 00:40:46,050

do I have dreams of people that have

1035

00:40:50,480 --> 00:40:48,000

died that I didn't know had died that I

1036

00:40:53,210 --> 00:40:50,490

can now validate have died too or not

1037

00:40:55,430 --> 00:40:53,220

and then compare the dates in my journal

1038

00:40:57,710 --> 00:40:55,440

with when they actually died and see if

1039

00:40:58,810 --> 00:40:57,720

anything comes out of that and something

1040

00:41:00,460 --> 00:40:58,820

one thing that I found

1041

00:41:02,530 --> 00:41:00,470

really interesting about it is not only

1042

00:41:03,100 --> 00:41:02,540

did I have a few examples of those kinds

1043

00:41:04,750 --> 00:41:03,110

of dreams

1044

00:41:08,430 --> 00:41:04,760

not only did I get an idea of how rare

1045

00:41:12,010 --> 00:41:08,440

they are but I also found that the the

1046

00:41:14,860 --> 00:41:12,020

standard test for validating a dream

1047

00:41:18,100 --> 00:41:14,870

about a person's death as precognitive

1048

00:41:21,640 --> 00:41:18,110

or in any way psychic is that you have

1049

00:41:23,950 --> 00:41:21,650

the dream before they they die and it's

1050

00:41:26,560 --> 00:41:23,960

very close in time to when they die but

1051

00:41:28,870 --> 00:41:26,570

I found several examples where the dream

1052

00:41:31,510 --> 00:41:28,880

was after they died but it was so it's

1053

00:41:33,130 --> 00:41:31,520

still so close to their death that it

1054

00:41:35,830 --> 00:41:33,140

was actually meaningful because that

1055

00:41:37,870 --> 00:41:35,840

person didn't appear on any other

1056

00:41:39,970 --> 00:41:37,880

occasion in the entire journal so I've

1057

00:41:42,190 --> 00:41:39,980

got examples where I've got one dream

1058

00:41:43,420 --> 00:41:42,200

about one person who in in this

1059

00:41:45,880 --> 00:41:43,430

particular case I'm thinking of right

1060

00:41:47,350 --> 00:41:45,890

now is a stranger and the only dream I

1061

00:41:48,880 --> 00:41:47,360

ever have about this one person out of

1062

00:41:50,590 --> 00:41:48,890

twelve thousand dreams or nearly twelve

1063

00:41:53,170 --> 00:41:50,600

thousand dreams is about their death and

1064

00:41:55,420 --> 00:41:53,180

they died two weeks earlier so so walk

1065

00:41:57,100 --> 00:41:55,430

us through some examples and I think

1066

00:41:58,870 --> 00:41:57,110

what you're gonna have to really nail

1067

00:42:01,450 --> 00:41:58,880

down there is for people like when you

1068

00:42:02,950 --> 00:42:01,460

say you had a dream about them and then

1069

00:42:04,900 --> 00:42:02,960

you found out they had died two weeks

1070

00:42:08,080 --> 00:42:04,910

earlier people are gonna immediately say

1071

00:42:12,160 --> 00:42:08,090

well then you could have known somehow

1072

00:42:15,670 --> 00:42:12,170

some way that they were dead so handle

1073

00:42:18,010 --> 00:42:15,680

all the and this is like basics ABC kind

1074

00:42:20,380 --> 00:42:18,020

of stuff that I'm sure you thought about

1075

00:42:23,380 --> 00:42:20,390

the first five minutes you thought about

1076

00:42:25,600 --> 00:42:23,390

this problem but still it's the question

1077

00:42:28,120 --> 00:42:25,610

that people ask that immediately pops

1078

00:42:31,360 --> 00:42:28,130

into their head so tell walk us through

1079

00:42:34,750 --> 00:42:31,370

how you how you verify that you really

1080

00:42:37,590 --> 00:42:34,760

have something here okay well I had this

1081

00:42:40,690 --> 00:42:37,600

one dream where a woman came to me and

1082

00:42:43,720 --> 00:42:40,700

was telling me that a person I knew who

1083

00:42:46,270 --> 00:42:43,730

happen to be a clerk at a store a fancy

1084

00:42:49,030 --> 00:42:46,280

maybe five times in my life and had a

1085

00:42:51,670 --> 00:42:49,040

person close to him a relative petrified

1086

00:42:54,520 --> 00:42:51,680

and that he was really despondent about

1087

00:42:56,950 --> 00:42:54,530

this as a result he was abusing drugs

1088

00:42:59,350 --> 00:42:56,960

and alcohol and she warned me that he

1089

00:43:03,070 --> 00:42:59,360

would die if he continued abusing these

1090

00:43:06,550 --> 00:43:03,080

things and she told me that she wanted

1091

00:43:09,400 --> 00:43:06,560

me to go talk to him and and give him

1092

00:43:11,380 --> 00:43:09,410

this morning that she was giving me so

1093

00:43:12,670 --> 00:43:11,390

this is more or less like a complete

1094

00:43:14,890 --> 00:43:12,680

stranger it's somebody

1095

00:43:16,780 --> 00:43:14,900

not the grocery stores and literally I

1096

00:43:19,390 --> 00:43:16,790

have talked to the guy I mean I bought a

1097

00:43:21,460 --> 00:43:19,400

couple things from him I I do I didn't

1098

00:43:23,319 --> 00:43:21,470

know his first name but we hadn't really

1099

00:43:25,059 --> 00:43:23,329

talked about anything other than is this

1100

00:43:26,680 --> 00:43:25,069

paint available and where is it that's

1101

00:43:29,200 --> 00:43:26,690

kind of the extent of our couple of

1102

00:43:31,720 --> 00:43:29,210

conversations and it was in a new city -

1103

00:43:33,670 --> 00:43:31,730

I just moved to Phoenix so it's it's not

1104

00:43:35,980 --> 00:43:33,680

like I knew the area very well either

1105

00:43:37,660 --> 00:43:35,990

but anyway I went upstairs and I told my

1106

00:43:39,460 --> 00:43:37,670

wife about the dream and she was like so

1107

00:43:41,530 --> 00:43:39,470

are you gonna go talk to him and I was

1108

00:43:43,690 --> 00:43:41,540

like are you kidding me this guy I don't

1109

00:43:45,309 --> 00:43:43,700

know and give him this weird dream I

1110

00:43:47,020 --> 00:43:45,319

mean what if what if he hasn't had a

1111

00:43:49,329 --> 00:43:47,030

relative that's gonna be really kind of

1112

00:43:50,799 --> 00:43:49,339

embarrassing gonna be she said and she

1113

00:43:52,809 --> 00:43:50,809

really insisted she was like you have to

1114

00:43:54,940 --> 00:43:52,819

do this you have to do it at she was so

1115

00:43:57,490 --> 00:43:54,950

insistent that I was like okay fine

1116

00:43:59,109 --> 00:43:57,500

there was a pain because this store was

1117

00:44:01,000 --> 00:43:59,119

like 45 minutes away from where I lived

1118

00:44:04,240 --> 00:44:01,010

by car which means also is kind of

1119

00:44:06,460 --> 00:44:04,250

expensive cash wise so I drove all the

1120

00:44:08,380 --> 00:44:06,470

way down there and I get to the store

1121

00:44:10,329 --> 00:44:08,390

and I see this guy behind the camera and

1122

00:44:12,250 --> 00:44:10,339

I'm like over it how do I do this this

1123

00:44:13,900 --> 00:44:12,260

so I said to him and I don't want to use

1124

00:44:19,150 --> 00:44:13,910

this real name here i'ma just call him

1125

00:44:21,160 --> 00:44:19,160

Frank okay but I said so Frank did and I

1126
00:44:22,390 --> 00:44:21,170
gave that he was some shipment that he

1127
00:44:26,260 --> 00:44:22,400
might have had I said did you get those

1128
00:44:27,579 --> 00:44:26,270
what's in it yeah and he said he said oh

1129
00:44:28,900 --> 00:44:27,589
yeah they're in the back I was like okay

1130
00:44:30,789 --> 00:44:28,910
I did this because I wanted to take him

1131
00:44:32,620 --> 00:44:30,799
away from this big cluster of people it

1132
00:44:34,089 --> 00:44:32,630
was in front of the store so I could

1133
00:44:35,859 --> 00:44:34,099
have this private conversation so we get

1134
00:44:38,559 --> 00:44:35,869
to the back of the store and I said you

1135
00:44:41,109 --> 00:44:38,569
know it's a kind of a funny thing I have

1136
00:44:42,819 --> 00:44:41,119
a dream about you last night and he

1137
00:44:44,799 --> 00:44:42,829
looked at me kind of you know

1138
00:44:47,710 --> 00:44:44,809

quizzically like like he was wondering

1139

00:44:50,470 --> 00:44:47,720

what that meant and I said I get nothing

1140

00:44:56,530 --> 00:44:50,480

bad I hope and I was like well yeah

1141

00:44:57,670 --> 00:44:56,540

actually I said well it was let me let

1142

00:45:01,870 --> 00:44:57,680

me just put it to you this way if you

1143

00:45:04,990 --> 00:45:01,880

had a very close relative by recently

1144

00:45:06,910 --> 00:45:05,000

and he said yes I did

1145

00:45:08,980 --> 00:45:06,920

and I said okay well I had this young

1146

00:45:11,470 --> 00:45:08,990

woman come to me in this dream and I

1147

00:45:13,839 --> 00:45:11,480

described her job and she said it's

1148

00:45:15,339 --> 00:45:13,849

somebody only at this point did it occur

1149

00:45:17,319 --> 00:45:15,349

to me that the person who came to me in

1150

00:45:19,450 --> 00:45:17,329

the drink was the person who died okay

1151

00:45:22,660 --> 00:45:19,460

this oftentimes doesn't hit me until

1152

00:45:24,130 --> 00:45:22,670

later but anyway so while I was talking

1153

00:45:25,250 --> 00:45:24,140

to him did this I realize this and I

1154

00:45:27,860 --> 00:45:25,260

said so she told me

1155

00:45:30,740 --> 00:45:27,870

you were very upset about this and you

1156

00:45:32,540 --> 00:45:30,750

were abusing alcohol because of it and

1157

00:45:34,130 --> 00:45:32,550

you're gonna die as a result I did not

1158

00:45:35,870 --> 00:45:34,140

mention the drugs because I didn't want

1159

00:45:37,340 --> 00:45:35,880

him to feel like I was my next call was

1160

00:45:40,610 --> 00:45:37,350

maybe the police to have him arrested I

1161

00:45:42,170 --> 00:45:40,620

just mentioned the alcohol and I said so

1162

00:45:45,050 --> 00:45:42,180

does this make any sense to you and he

1163

00:45:46,760 --> 00:45:45,060

said it's true my my sister-in-law who I

1164

00:45:50,030 --> 00:45:46,770

was very close to got killed in a car

1165

00:45:51,350 --> 00:45:50,040

crash I think it was it wasn't like two

1166

00:45:52,550 --> 00:45:51,360

weeks earlier but is almost weeks

1167

00:45:54,470 --> 00:45:52,560

earlier it was like 10 days earlier or

1168

00:45:57,800 --> 00:45:54,480

something like that she was parked at a

1169

00:46:00,530 --> 00:45:57,810

stoplight and a police car involved in a

1170

00:46:04,070 --> 00:46:00,540

high-speed car chase rammed the back of

1171

00:46:06,770 --> 00:46:04,080

her car and she was killed instantly and

1172

00:46:14,150 --> 00:46:06,780

he was despondent and he said he wasn't

1173

00:46:15,560 --> 00:46:14,160

using alcohol and and then he said

1174

00:46:18,050 --> 00:46:15,570

something kind of surprised me he said

1175

00:46:19,430 --> 00:46:18,060

that he had a dream of her also earlier

1176

00:46:22,010 --> 00:46:19,440

in the week where she'd given him the

1177

00:46:23,720 --> 00:46:22,020

exact same message she'd said you know

1178

00:46:26,420 --> 00:46:23,730

if you don't get over this if you don't

1179

00:46:28,400 --> 00:46:26,430

stop abusing this stuff you will die you

1180

00:46:31,340 --> 00:46:28,410

need to stop so she told him the same

1181

00:46:34,730 --> 00:46:31,350

thing she told me which to me that was

1182

00:46:37,040 --> 00:46:34,740

like the real validation okay now I

1183

00:46:38,480 --> 00:46:37,050

didn't I I didn't even know her name I

1184

00:46:40,840 --> 00:46:38,490

didn't know his name I didn't know I

1185

00:46:43,790 --> 00:46:40,850

mean they didn't know his last name so

1186

00:46:46,430 --> 00:46:43,800

if there had been some kind of police

1187

00:46:47,930 --> 00:46:46,440

blotter reported about this I wouldn't

1188

00:46:49,160 --> 00:46:47,940

have had any way to connect it to him

1189

00:46:50,660 --> 00:46:49,170

because I didn't know what the guy's

1190

00:46:52,250 --> 00:46:50,670

last name was do you know what I mean in

1191

00:46:55,040 --> 00:46:52,260

fact and this is one of the interesting

1192

00:46:56,720 --> 00:46:55,050

things about this this paper I didn't

1193

00:46:59,180 --> 00:46:56,730

know his last name until I did this

1194

00:47:01,880 --> 00:46:59,190

paper which is like I think seven eight

1195

00:47:04,040 --> 00:47:01,890

years later something like that I had to

1196

00:47:06,140 --> 00:47:04,050

research it I actually had to get

1197

00:47:07,670 --> 00:47:06,150

somebody in the United States call

1198

00:47:09,260 --> 00:47:07,680

around to figure out who this guy was

1199

00:47:11,300 --> 00:47:09,270

because I had never known whose last

1200

00:47:13,820 --> 00:47:11,310

name was and once they found who he was

1201
00:47:15,230 --> 00:47:13,830
then I had that person look for believe

1202
00:47:17,120 --> 00:47:15,240
it or not like police flattered

1203
00:47:18,740 --> 00:47:17,130
newspaper articles and they couldn't

1204
00:47:21,230 --> 00:47:18,750
find anything on this even though they

1205
00:47:22,640 --> 00:47:21,240
had the name because it wasn't in any of

1206
00:47:27,470 --> 00:47:22,650
those kinds of sources but eventually

1207
00:47:29,240 --> 00:47:27,480
they I was able to get ahold of some

1208
00:47:32,120 --> 00:47:29,250
kind of report every what it was a hand

1209
00:47:33,050 --> 00:47:32,130
I think it was a memorial service type

1210
00:47:35,840 --> 00:47:33,060
of a

1211
00:47:36,230 --> 00:47:35,850
a report where the church where she was

1212
00:47:37,580 --> 00:47:36,240
buried

1213
00:47:40,550 --> 00:47:37,590

you mentioned some of the details about

1214

00:47:43,520 --> 00:47:40,560

it but it was not something that was

1215

00:47:45,770 --> 00:47:43,530

really covered in a public way and even

1216

00:47:46,940 --> 00:47:45,780

if it hadn't been I did would be no

1217

00:47:49,340 --> 00:47:46,950

reason for me to connect it to this

1218

00:47:52,520 --> 00:47:49,350

single guy does that make sense yeah

1219

00:47:55,670 --> 00:47:52,530

yeah it makes total sense so this then

1220

00:47:59,630 --> 00:47:55,680

becomes one of the cases that you looked

1221

00:48:03,020 --> 00:47:59,640

at in this paper can dream belated

1222

00:48:05,660 --> 00:48:03,030

dreams predict future deaths yeah and

1223

00:48:07,040 --> 00:48:05,670

you know the funny thing is that to me

1224

00:48:09,650 --> 00:48:07,050

the really exciting thing about this

1225

00:48:11,600 --> 00:48:09,660

paper is that I didn't know what I was

1226

00:48:13,160 --> 00:48:11,610

gonna find when I've written other

1227

00:48:14,930 --> 00:48:13,170

articles it was about things that I had

1228

00:48:17,030 --> 00:48:14,940

already found things that I already knew

1229

00:48:18,740 --> 00:48:17,040

had happened and I noticed that there

1230

00:48:21,290 --> 00:48:18,750

was a vacancy in the literature I

1231

00:48:23,330 --> 00:48:21,300

thought well if I write about this I can

1232

00:48:26,060 --> 00:48:23,340

I can have literature a little bit in

1233

00:48:28,820 --> 00:48:26,070

this area or that area but this one I

1234

00:48:31,070 --> 00:48:28,830

just suspected something was going on

1235

00:48:32,630 --> 00:48:31,080

and if you don't mind my describing

1236

00:48:34,370 --> 00:48:32,640

another one of these I'll tell you the

1237

00:48:35,720 --> 00:48:34,380

one that gave me the idea for the papers

1238

00:48:39,950 --> 00:48:35,730

that all right yeah absolutely

1239

00:48:41,900 --> 00:48:39,960

okay um a long long long time ago

1240

00:48:43,580 --> 00:48:41,910

my mom had a friend again I'm not going

1241

00:48:48,440 --> 00:48:43,590

to use her real name big office caller

1242

00:48:51,290 --> 00:48:48,450

Susan and she had been very close to her

1243

00:48:52,880 --> 00:48:51,300

family for a while okay I was a little

1244

00:48:55,460 --> 00:48:52,890

kid the last time I saw her was maybe

1245

00:48:56,960 --> 00:48:55,470

nine years old something like this but

1246

00:49:00,080 --> 00:48:56,970

we had actually lived with them for a

1247

00:49:01,280 --> 00:49:00,090

little while maybe four to three months

1248

00:49:05,810 --> 00:49:01,290

something like that when I was in

1249

00:49:07,970 --> 00:49:05,820

seventh grade and that was the last leaf

1250

00:49:09,800 --> 00:49:07,980

strangely enough it was about religion

1251
00:49:11,900 --> 00:49:09,810
because they were this lady and her

1252
00:49:13,250 --> 00:49:11,910
husband were Christian and I thought my

1253
00:49:14,300 --> 00:49:13,260
I think my mom thought they were trying

1254
00:49:18,680 --> 00:49:14,310
to push it on us too much or something

1255
00:49:20,360 --> 00:49:18,690
but anyway and they thought my comic

1256
00:49:22,250 --> 00:49:20,370
book collection was up the devil which I

1257
00:49:24,710 --> 00:49:22,260
thought was ridiculous but in any event

1258
00:49:28,640 --> 00:49:24,720
I haven't seen her a long time and then

1259
00:49:31,100 --> 00:49:28,650
one night in I think it was 2010 or

1260
00:49:32,660 --> 00:49:31,110
something I had a dream about her and I

1261
00:49:34,940 --> 00:49:32,670
had the feeling of the dream that she

1262
00:49:38,390 --> 00:49:34,950
had died and that she was coming to

1263
00:49:40,850 --> 00:49:38,400

basically give me a blessing that kind

1264

00:49:44,090 --> 00:49:40,860

of a thing so I thought that was kind of

1265

00:49:46,070 --> 00:49:44,100

interesting and I asked my mom to see if

1266

00:49:48,560 --> 00:49:46,080

this lady had died but

1267

00:49:50,270 --> 00:49:48,570

she had moved my mom had moved the lady

1268

00:49:51,410 --> 00:49:50,280

had moved I had moved all of us have

1269

00:49:54,140 --> 00:49:51,420

moved none of us know where any of the

1270

00:49:56,690 --> 00:49:54,150

other people were and the last time my

1271

00:49:58,730 --> 00:49:56,700

mom knew where this gal was it's like 25

1272

00:50:01,880 --> 00:49:58,740

years earlier so she did a bit of

1273

00:50:05,030 --> 00:50:01,890

research and came up with nothing but

1274

00:50:06,530 --> 00:50:05,040

then a year later I had decided I was

1275

00:50:07,850 --> 00:50:06,540

really gonna pursue this article so I

1276

00:50:09,560 --> 00:50:07,860

asked her again because the first time

1277

00:50:12,230 --> 00:50:09,570

when that didn't go anywhere I just kind

1278

00:50:13,460 --> 00:50:12,240

of decided to drop it but a year later I

1279

00:50:16,010 --> 00:50:13,470

thought no I really have to do this

1280

00:50:18,080 --> 00:50:16,020

article so I asked my mom to please pin

1281

00:50:20,150 --> 00:50:18,090

it down and she found her and she had

1282

00:50:22,940 --> 00:50:20,160

died in 2010 the same year as my dream

1283

00:50:25,220 --> 00:50:22,950

now the interesting thing was I didn't

1284

00:50:28,070 --> 00:50:25,230

remember having ever dreamt about her

1285

00:50:31,730 --> 00:50:28,080

before okay so what that would mean is

1286

00:50:35,480 --> 00:50:31,740

the only dream I had of her in my entire

1287

00:50:36,980 --> 00:50:35,490

dream journal is of her dying or you

1288

00:50:38,870 --> 00:50:36,990

thinking she's dead because of the

1289

00:50:40,430 --> 00:50:38,880

context of the dream in the same year

1290

00:50:42,470 --> 00:50:40,440

that she actually died and to me I

1291

00:50:44,390 --> 00:50:42,480

thought statistically that would be kind

1292

00:50:45,530 --> 00:50:44,400

of interesting because this is goes

1293

00:50:48,590 --> 00:50:45,540

completely against the founder effect

1294

00:50:51,260 --> 00:50:48,600

idea which is you have a like 10,000

1295

00:50:53,210 --> 00:50:51,270

20,000 dreams of a certain person and

1296

00:50:54,500 --> 00:50:53,220

then when they die you just attach the

1297

00:50:55,910 --> 00:50:54,510

most recent dream to it well in this

1298

00:50:58,580 --> 00:50:55,920

case I was pretty sure I hadn't heard

1299

00:51:00,500 --> 00:50:58,590

about her so thanks to my database I

1300

00:51:02,390 --> 00:51:00,510

typed in her name and I found out I had

1301
00:51:05,480 --> 00:51:02,400
dreamt about her only once before

1302
00:51:06,890 --> 00:51:05,490
19 years earlier and it there was

1303
00:51:09,500 --> 00:51:06,900
nothing in the dream that would suggest

1304
00:51:11,720 --> 00:51:09,510
that she had died so the only dream that

1305
00:51:13,760 --> 00:51:11,730
suggested her death at all was in the

1306
00:51:14,450 --> 00:51:13,770
year for actual death and the only other

1307
00:51:16,100 --> 00:51:14,460
dream

1308
00:51:18,380 --> 00:51:16,110
was 19 years previously there's this

1309
00:51:20,240 --> 00:51:18,390
incredible desert between the two so

1310
00:51:22,460 --> 00:51:20,250
when I saw that I was thinking holy cow

1311
00:51:25,310 --> 00:51:22,470
I wonder if there are people who I have

1312
00:51:28,130 --> 00:51:25,320
never even bothered to check to see if

1313
00:51:30,320 --> 00:51:28,140

they've died because they were it was

1314

00:51:33,290 --> 00:51:30,330

too difficult to do because like in this

1315

00:51:34,460 --> 00:51:33,300

lady's case I thought it was curious

1316

00:51:35,690 --> 00:51:34,470

enough that I was willing to try but

1317

00:51:38,810 --> 00:51:35,700

there are other people that I dreamt of

1318

00:51:40,640 --> 00:51:38,820

as as having died or as ghosts and I

1319

00:51:42,470 --> 00:51:40,650

just thought it'd be too hard to find

1320

00:51:44,600 --> 00:51:42,480

out if it was if it was true or not so I

1321

00:51:46,430 --> 00:51:44,610

never even bothered Bennett for this

1322

00:51:48,020 --> 00:51:46,440

article I thought let's let's see if I

1323

00:51:51,200 --> 00:51:48,030

can find out if there's anyone else like

1324

00:51:53,150 --> 00:51:51,210

that so I found every single dream that

1325

00:51:55,190 --> 00:51:53,160

could be construed as death related and

1326
00:51:56,750 --> 00:51:55,200
then I found out all the people who were

1327
00:51:57,830 --> 00:51:56,760
involved in those of course I can do

1328
00:51:59,059 --> 00:51:57,840
this because I've got this searchable

1329
00:52:00,920 --> 00:51:59,069
database now

1330
00:52:02,329 --> 00:52:00,930
and to read all of these dreams to see

1331
00:52:04,519 --> 00:52:02,339
that they really were death related

1332
00:52:06,439 --> 00:52:04,529
because in some cases it was just like

1333
00:52:08,390 --> 00:52:06,449
I'd used the word death or diary one of

1334
00:52:10,759 --> 00:52:08,400
the search terms I was using and it was

1335
00:52:12,259 --> 00:52:10,769
an innocuous context so like in one case

1336
00:52:13,699 --> 00:52:12,269
I had a dream where this chameleon had

1337
00:52:15,019 --> 00:52:13,709
what I described as a death grip on my

1338
00:52:17,150 --> 00:52:15,029

finger so obviously groups like that

1339

00:52:20,709 --> 00:52:17,160

don't mean anything in this context

1340

00:52:23,269 --> 00:52:20,719

anyway let's talk about statistics this

1341

00:52:25,999 --> 00:52:23,279

what you've really broken some ground on

1342

00:52:27,609 --> 00:52:26,009

here is tying these what you call

1343

00:52:31,549 --> 00:52:27,619

spontaneous what other people would call

1344

00:52:34,309 --> 00:52:31,559

anecdotal accounts to statistical

1345

00:52:36,069 --> 00:52:34,319

measures that social scientists are

1346

00:52:39,140 --> 00:52:36,079

really comfortable with and and

1347

00:52:41,599 --> 00:52:39,150

psychologists like dr. Daryl BEM who

1348

00:52:43,609 --> 00:52:41,609

assisted you greatly after you brought

1349

00:52:46,779 --> 00:52:43,619

him in on the process in doing this so

1350

00:52:58,880 --> 00:52:46,789

tell us about that interface of

1351

00:53:05,719 --> 00:52:58,890

statistics and these accounts it was

1352

00:53:07,880 --> 00:53:05,729

March of last year and we should back up

1353

00:53:11,029 --> 00:53:07,890

and tell people in case they don't know

1354

00:53:13,370 --> 00:53:11,039

who Daryl BEM is and in the process I

1355

00:53:15,620 --> 00:53:13,380

really want to tell people about this

1356

00:53:17,569 --> 00:53:15,630

process and about this journal the

1357

00:53:19,459 --> 00:53:17,579

journal scientific exploration because

1358

00:53:20,900 --> 00:53:19,469

again we can say we don't have to pay

1359

00:53:22,519 --> 00:53:20,910

any attention to the skeptics but of

1360

00:53:24,529 --> 00:53:22,529

course we do of course we have to pay

1361

00:53:27,049 --> 00:53:24,539

attention to the skeptics any of you

1362

00:53:29,809 --> 00:53:27,059

mentioned the Journal of scientific

1363

00:53:31,579 --> 00:53:29,819

exploration to skeptics he gets all this

1364

00:53:32,900 --> 00:53:31,589

rolling of this eye the rolling of the

1365

00:53:36,019 --> 00:53:32,910

eyes and the shrugging the shoulders

1366

00:53:39,380 --> 00:53:36,029

like oh my gosh you know I wanted you to

1367

00:53:41,299 --> 00:53:39,390

tell people what you went through what

1368

00:53:43,370 --> 00:53:41,309

the process was like what the peer

1369

00:53:45,620 --> 00:53:43,380

review process was like what the

1370

00:53:48,410 --> 00:53:45,630

acceptance process was like what the

1371

00:53:51,019 --> 00:53:48,420

editorial process was like and what the

1372

00:53:55,729 --> 00:53:51,029

standards were like for getting your

1373

00:53:58,009 --> 00:53:55,739

paper in this journal yeah actually also

1374

00:54:03,529 --> 00:53:58,019

every paper submitted was initially

1375

00:54:06,410 --> 00:54:03,539

rejected but they they needed me to

1376

00:54:08,509 --> 00:54:06,420

explain myself a lot better and they I

1377

00:54:10,130 --> 00:54:08,519

think I every case went through a

1378

00:54:11,020 --> 00:54:10,140

minimum of two drafts in the case of

1379

00:54:12,430 --> 00:54:11,030

this article like

1380

00:54:15,730 --> 00:54:12,440

one through about six something like

1381

00:54:17,290 --> 00:54:15,740

that they I felt they were very rigorous

1382

00:54:19,530 --> 00:54:17,300

and actually I think people who roll her

1383

00:54:23,260 --> 00:54:19,540

eyes it this particular journal are

1384

00:54:24,730 --> 00:54:23,270

really ill informed frankly I mean never

1385

00:54:27,130 --> 00:54:24,740

mind the fact that they've gotten Nobel

1386

00:54:30,070 --> 00:54:27,140

laureates who founded it journal my

1387

00:54:34,150 --> 00:54:30,080

auntie very active player active role in

1388

00:54:36,760 --> 00:54:34,160

the publication they also have really

1389

00:54:39,460 --> 00:54:36,770

prominent researchers who are publishing

1390

00:54:40,960 --> 00:54:39,470

in this journal in fact actually if I

1391

00:54:42,550 --> 00:54:40,970

want to find good articles on these

1392

00:54:44,230 --> 00:54:42,560

kinds of subjects really rigorous

1393

00:54:46,420 --> 00:54:44,240

articles by people who know what they're

1394

00:54:48,220 --> 00:54:46,430

talking about I'm more likely to find

1395

00:54:50,500 --> 00:54:48,230

them here than in almost any other

1396

00:54:53,410 --> 00:54:50,510

location because they are willing to

1397

00:54:55,990 --> 00:54:53,420

publish it but because good researchers

1398

00:54:58,720 --> 00:54:56,000

like to publish in this journal finally

1399

00:55:02,470 --> 00:54:58,730

what happened was I got an email from

1400

00:55:04,810 --> 00:55:02,480

their associate editor I think or their

1401
00:55:06,250 --> 00:55:04,820
editor chief Kathleen Ericsson and she

1402
00:55:07,900 --> 00:55:06,260
said well here's the thing got this

1403
00:55:10,120 --> 00:55:07,910
feedback from people who've read your

1404
00:55:12,670 --> 00:55:10,130
papers and pure fun amounts of peer

1405
00:55:14,740 --> 00:55:12,680
reviewers and they liked the subject

1406
00:55:17,140 --> 00:55:14,750
they liked your take on it they really

1407
00:55:19,660 --> 00:55:17,150
need the statistics to be more solid so

1408
00:55:22,150 --> 00:55:19,670
what we'd like to suggest is that you

1409
00:55:24,940 --> 00:55:22,160
work with our associate editor get them

1410
00:55:26,260 --> 00:55:24,950
on this and I have him take a look at it

1411
00:55:29,650 --> 00:55:26,270
and then go from there

1412
00:55:33,310 --> 00:55:29,660
who is who is Daryl BEM and what kind of

1413
00:55:35,080 --> 00:55:33,320

tables and questions was he asking okay

1414

00:55:37,330 --> 00:55:35,090

by the way I think you know Daryl more

1415

00:55:40,630 --> 00:55:37,340

about darlin I you but he is a prominent

1416

00:55:42,580 --> 00:55:40,640

researcher primarily well-known for a

1417

00:55:44,380 --> 00:55:42,590

article on precognition that he did a

1418

00:55:46,680 --> 00:55:44,390

while back where people were found

1419

00:55:50,440 --> 00:55:46,690

subjects were found to anticipate

1420

00:55:52,980 --> 00:55:50,450

responses in a precognition test where

1421

00:55:55,750 --> 00:55:52,990

they were they were going to be shown

1422

00:55:57,160 --> 00:55:55,760

symbols and one of them this is I think

1423

00:55:59,050 --> 00:55:57,170

we got all the attention was part of

1424

00:56:00,760 --> 00:55:59,060

graphic one of those violence one was

1425

00:56:03,490 --> 00:56:00,770

today and you know different kinds of

1426
00:56:05,560 --> 00:56:03,500
scenes or images and he found that they

1427
00:56:07,120 --> 00:56:05,570
there they had physical reactions based

1428
00:56:10,660 --> 00:56:07,130
on I guess electrodes or something that

1429
00:56:13,180 --> 00:56:10,670
was attached to the body before it was

1430
00:56:15,280 --> 00:56:13,190
consistent for certain types of content

1431
00:56:17,560 --> 00:56:15,290
so they were able to link the content

1432
00:56:20,890 --> 00:56:17,570
that they were they were getting after

1433
00:56:23,200 --> 00:56:20,900
this galvanic response even though the

1434
00:56:23,859 --> 00:56:23,210
the person wasn't even aware of the doer

1435
00:56:26,470 --> 00:56:23,869
they were

1436
00:56:27,549 --> 00:56:26,480
it's visible response to the the images

1437
00:56:30,039 --> 00:56:27,559
that they were going to be shown that

1438
00:56:32,380 --> 00:56:30,049

had been shot yeah right and he made the

1439

00:56:33,880 --> 00:56:32,390

rounds on all the talk shows and even

1440

00:56:36,640 --> 00:56:33,890

made it to like the mainstream talk

1441

00:56:37,870 --> 00:56:36,650

shows like core bear report and and that

1442

00:56:40,180 --> 00:56:37,880

kind of stuff but what's also

1443

00:56:43,120 --> 00:56:40,190

interesting about Daryl BEM is that as a

1444

00:56:45,190 --> 00:56:43,130

social psychologist he was kind of about

1445

00:56:48,009 --> 00:56:45,200

world famous but he was certainly very

1446

00:56:51,549 --> 00:56:48,019

very famous in the field in terms of non

1447

00:56:54,430 --> 00:56:51,559

sai non parapsychology related stuff

1448

00:56:58,390 --> 00:56:54,440

when he published that paper a few years

1449

00:57:01,839 --> 00:56:58,400

ago on this side effect so he's he's a

1450

00:57:04,480 --> 00:57:01,849

bigwig in as a social psychologist and

1451

00:57:08,049 --> 00:57:04,490

then he became somewhat of a bigwig in

1452

00:57:10,089 --> 00:57:08,059

parapsychology incise oh yeah so as long

1453

00:57:12,220 --> 00:57:10,099

as you might as well mention also that

1454

00:57:13,839 --> 00:57:12,230

he's a professor emeritus at Cornell

1455

00:57:18,460 --> 00:57:13,849

University which is not a funny thing to

1456

00:57:20,799 --> 00:57:18,470

achieve so Andy tell you what people

1457

00:57:24,039 --> 00:57:20,809

need to go and check out this paper what

1458

00:57:26,349 --> 00:57:24,049

is the the exact future of this paper in

1459

00:57:28,960 --> 00:57:26,359

terms of its going to be in the JSE

1460

00:57:30,370 --> 00:57:28,970

which people can't get or is it going to

1461

00:57:31,479 --> 00:57:30,380

be where is it going to be published

1462

00:57:33,609 --> 00:57:31,489

where people can be able to read this

1463

00:57:34,989 --> 00:57:33,619

and when is it going to be out it's

1464

00:57:37,479 --> 00:57:34,999

gonna be an Adreno scientific

1465

00:57:39,039 --> 00:57:37,489

exploration june issue which should be

1466

00:57:42,759 --> 00:57:39,049

out in about two weeks from the big

1467

00:57:45,609 --> 00:57:42,769

recording this and the way they do it at

1468

00:57:46,569 --> 00:57:45,619

the JSC subscriber you have access to it

1469

00:57:47,200 --> 00:57:46,579

immediately and if you're not a

1470

00:57:48,549 --> 00:57:47,210

subscriber

1471

00:57:50,470 --> 00:57:48,559

they make all of their articles

1472

00:57:54,039 --> 00:57:50,480

available for free on the internet

1473

00:57:56,529 --> 00:57:54,049

after a year after it was published okay

1474

00:57:58,029 --> 00:57:56,539

and I don't know what I haven't read the

1475

00:58:00,370 --> 00:57:58,039

fine print of my agreement with them so

1476

00:58:02,259 --> 00:58:00,380

I don't know if I'm allowed to like post

1477

00:58:04,960 --> 00:58:02,269

the paper to ResearchGate or something

1478

00:58:06,400 --> 00:58:04,970

so other people can download it I have

1479

00:58:08,170 --> 00:58:06,410

to ask them about that I presume that

1480

00:58:10,089 --> 00:58:08,180

they want subscribers so they'd rather I

1481

00:58:11,859 --> 00:58:10,099

not do that until your has passed so I

1482

00:58:14,710 --> 00:58:11,869

have to check but it will be available

1483

00:58:16,509 --> 00:58:14,720

that way and I will say that getting a

1484

00:58:19,479 --> 00:58:16,519

subscription to Journal of scientific

1485

00:58:22,150 --> 00:58:19,489

exploration is not expensive and it's

1486

00:58:23,529 --> 00:58:22,160

kind of good Journal actually so you get

1487

00:58:25,210 --> 00:58:23,539

lots of interesting articles in there

1488

00:58:27,279 --> 00:58:25,220

and they actually don't think it's a bad

1489

00:58:29,440 --> 00:58:27,289

way to support the you know

1490

00:58:31,239 --> 00:58:29,450

parapsychology research in general but

1491

00:58:33,759 --> 00:58:31,249

one thing also I want to say about this

1492

00:58:36,249 --> 00:58:33,769

that I think is probably the most

1493

00:58:39,880 --> 00:58:36,259

important takeaway for me is that if it

1494

00:58:42,069 --> 00:58:39,890

took me 25 years a really serious effort

1495

00:58:44,170 --> 00:58:42,079

that you know like Stan Lee Ritenour has

1496

00:58:46,839 --> 00:58:44,180

only seen the like of twice in his

1497

00:58:49,390 --> 00:58:46,849

entire life you're not like leading to

1498

00:58:52,299 --> 00:58:49,400

get articles like this very often from

1499

00:58:53,880 --> 00:58:52,309

anybody and anyone any skeptic who's

1500

00:58:57,339 --> 00:58:53,890

going to pull out the file for effect

1501
00:58:59,890 --> 00:58:57,349
cannot possibly have any data to base

1502
00:59:01,900 --> 00:58:59,900
that argument on in this context anyway

1503
00:59:05,799 --> 00:59:01,910
when it comes to death creams there is

1504
00:59:07,359 --> 00:59:05,809
no way anyone in the entire world has

1505
00:59:11,319 --> 00:59:07,369
more data than I do on this exact

1506
00:59:14,200 --> 00:59:11,329
subject it's just impossible we'll all

1507
00:59:16,079 --> 00:59:14,210
make sure that we look for these papers

1508
00:59:18,519 --> 00:59:16,089
that are coming out but also for the

1509
00:59:20,559 --> 00:59:18,529
sequel the follow-on to your book

1510
00:59:23,559 --> 00:59:20,569
dreamer which folks can find on

1511
00:59:25,930 --> 00:59:23,569
amazon.com or through your website which

1512
00:59:28,539 --> 00:59:25,940
will have linked up in the show notes

1513
00:59:30,309 --> 00:59:28,549

Andy it's been a long conversation but

1514

00:59:32,380 --> 00:59:30,319

we could probably go on I really only

1515

00:59:34,599 --> 00:59:32,390

asked about half the questions I really

1516

00:59:37,479 --> 00:59:34,609

wanted to ask but such a fascinating

1517

00:59:39,910 --> 00:59:37,489

topic we'll have to do it again when one

1518

00:59:41,799 --> 00:59:39,920

of these other papers come out it's been

1519

00:59:46,749 --> 00:59:41,809

great having on skeptic oh thanks so

1520

00:59:51,440 --> 00:59:48,950

thanks again to Andi for joining me

1521

00:59:54,170 --> 00:59:51,450

today on skeptic oh one question to tee

1522

00:59:57,140 --> 00:59:54,180

up from this interview that is have you

1523

01:00:00,009 --> 00:59:57,150

ever had any precognitive dreams in

1524

01:00:03,229 --> 01:00:00,019

particular have you ever had any dreams

1525

01:00:05,690 --> 01:00:03,239

related to someone's death I thought as

1526

01:00:09,019 --> 01:00:05,700

a follow-on to this conversation we

1527

01:00:11,660 --> 01:00:09,029

might talk about your amazing dreams

1528

01:00:13,489 --> 01:00:11,670

precognitive dreams death-related dreams

1529

01:00:15,400 --> 01:00:13,499

whatever I'd love to hear from you about

1530

01:00:18,670 --> 01:00:15,410

that of course you can drop me an email

1531

01:00:21,049 --> 01:00:18,680

pop over the forum connect with me there

1532

01:00:22,700 --> 01:00:21,059

connect with me on Facebook I'm really

1533

01:00:24,739 --> 01:00:22,710

gonna try and reach out at Facebook and

1534

01:00:27,589 --> 01:00:24,749

Twitter more and more in the future so

1535

01:00:29,150 --> 01:00:27,599

if you can connect with me there as well

1536

01:00:30,890 --> 01:00:29,160

of course the way to get to the

1537

01:00:36,170 --> 01:00:30,900

skeptical shows through this skeptical

1538

01:00:39,559 --> 01:00:36,180

website at ske P tik Oh calm and you can

1539

01:00:41,599 --> 01:00:39,569

download all these shows all 281 of them

1540

01:00:43,039 --> 01:00:41,609

or whatever the number is right there on

1541

01:00:45,200 --> 01:00:43,049

the website for free there's no

1542

01:00:47,680 --> 01:00:45,210

obligation we don't ask for any money

1543

01:00:51,019 --> 01:00:47,690

there's no donations or no advertising

1544

01:00:53,599 --> 01:00:51,029

just a little bit of good old-fashioned

1545

01:00:55,549 --> 01:00:53,609

internet sharing so take advantage of it

1546

01:00:58,459 --> 01:00:55,559

if you liked it and please tell other

1547

01:01:00,529 --> 01:00:58,469

people like I like sharing and I love

1548

01:01:03,529 --> 01:01:00,539

when you share what I'm sharing with you

1549

01:01:06,499 --> 01:01:03,539

with others it's a great joy of mine so

1550

01:01:08,690 --> 01:01:06,509

please do it in whatever way you can

1551
01:01:10,670 --> 01:01:08,700
well that's about it I have some good

1552
01:01:12,019 --> 01:01:10,680
shows coming up man I'm looking forward

1553
01:01:14,630 --> 01:01:12,029
to this next one I won't tell you too

1554
01:01:18,109 --> 01:01:14,640
much about it but I think you'll like it

1555
01:01:20,359 --> 01:01:18,119
it's a classic skeptic Oh episode by the

1556
01:01:22,999 --> 01:01:20,369
way I'm also revamping the website a

1557
01:01:25,249 --> 01:01:23,009
little bit kind of adding some more

1558
01:01:27,109 --> 01:01:25,259
things but all that will come about in

1559
01:01:29,120 --> 01:01:27,119
time and you'll see it tell me if you

1560
01:01:31,609 --> 01:01:29,130
like it and we'll see if we can generate

1561
01:01:34,039 --> 01:01:31,619
some more interest in what we're doing

1562
01:01:37,309 --> 01:01:34,049
over here on skeptic oh so check that

1563
01:01:39,469 --> 01:01:37,319

out in the coming days or or by the next

1564

01:01:41,209 --> 01:01:39,479

podcast I'll have more information for